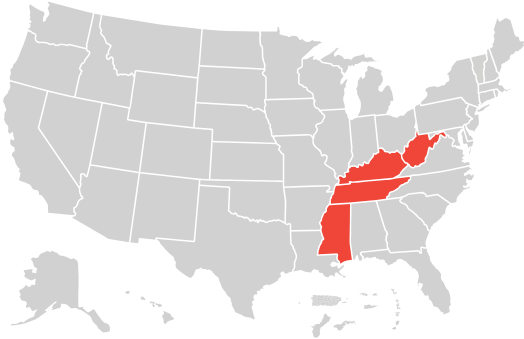


# Maternal Infant Health Outreach Worker Program

MIHOW's primary goal is to improve maternal and child health outcomes through a strength-based approach to home visiting. MIHOW trains peer mentors to support women during pregnancy to become physically, mentally, and emotionally healthy for their baby's arrival. Once the baby is born, MIHOW focuses on promoting positive parent-child interactions and establishing a safe, stable, nurturing environment. See [www.mihow.org](http://www.mihow.org) for details.

<p><b>What is the model's approach to providing home visiting services?</b></p>	<p>Home visits take place once per month. Services are provided until the child is 3 years old. MIHOW requires at least 80 percent of families served to initiate services prenatally.</p> <p>MIHOW's target population includes the following:</p> <ul style="list-style-type: none"><li>✓ Expectant mothers</li><li>✓ First-time mothers or first-time parents</li><li>✓ Teenage mothers or teenage parents</li><li>✓ Unmarried mothers or single parents</li><li>✓ Parents/caregivers with limited education</li><li>✓ Low-income families</li><li>✓ Parents/caregivers experiencing physical/social isolation or limited support system</li><li>✓ Families experiencing language barriers</li></ul>
<p><b>Who is implementing the model?</b></p>	<p><b>Home Visitors</b></p> <p>MIHOW was implemented by 22 full-time equivalent home visitors in 2018. The model recommends a high school diploma or GED and experience in the community for home visitors. The maximum caseload requirement for home visitors is 40 families.</p> <p><b>Supervisors</b></p> <p>MIHOW was implemented by seven supervisors in 2018. The model recommends a bachelor's degree for supervisors.</p>
<p><b>Where is the model implemented?</b></p>	 <p>MIHOW operated in four states in 2018.</p>

The NHVRC is led by James Bell Associates in partnership with the Urban Institute. Support is provided by the Heising-Simons Foundation and the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the foundations. For details about the methodology, see the 2019 *Home Visiting Yearbook*.



# Maternal Infant Health Outreach Worker Program

## Families Served Through Home Visiting in 2018



**2,859**

home visits provided



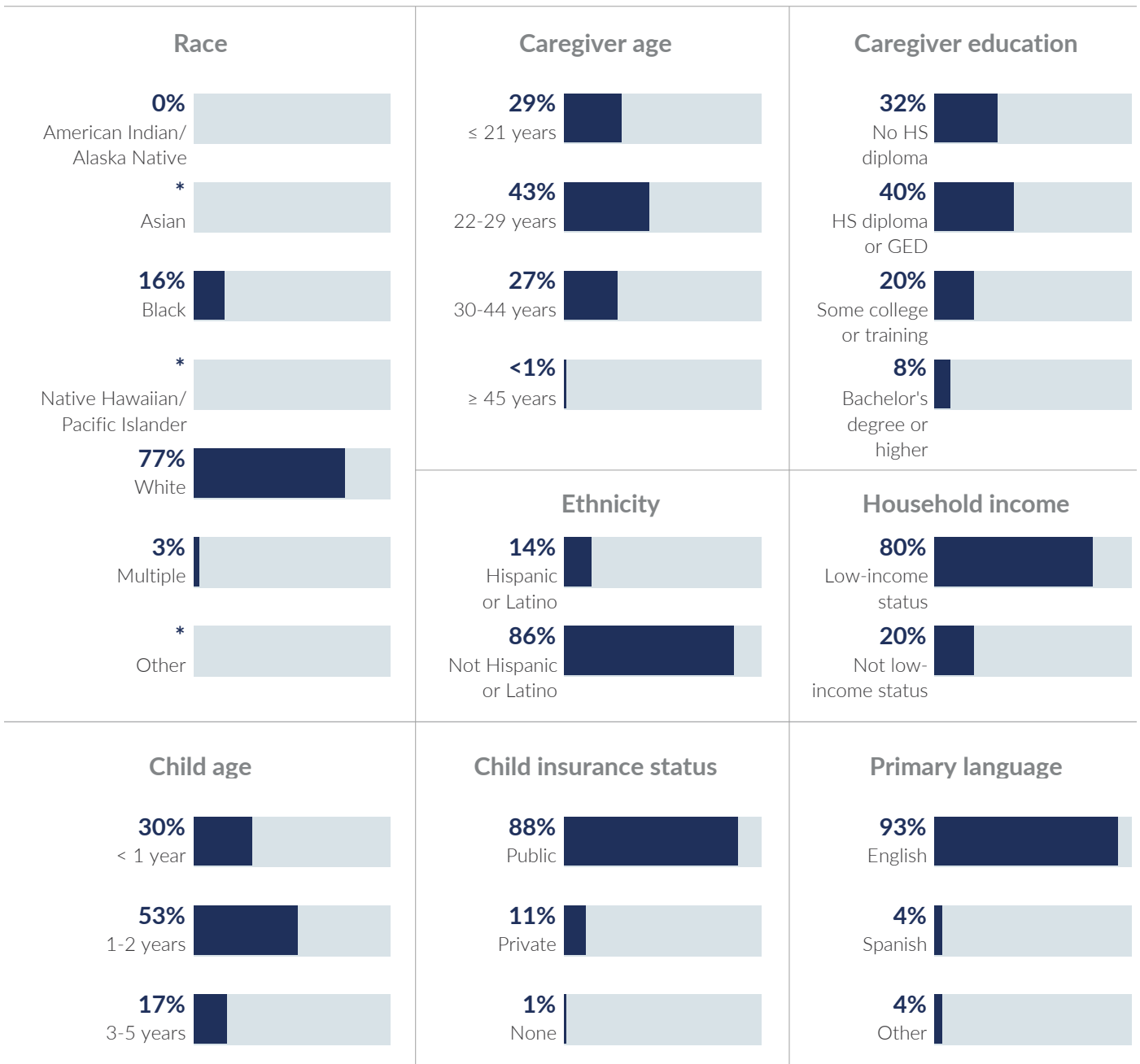
**413**

families served



**353**

children served



Note • Percentages may not add up to 100 due to rounding. • To protect confidentiality, race and ethnicity categories with 10 or fewer participants were replaced with \*.