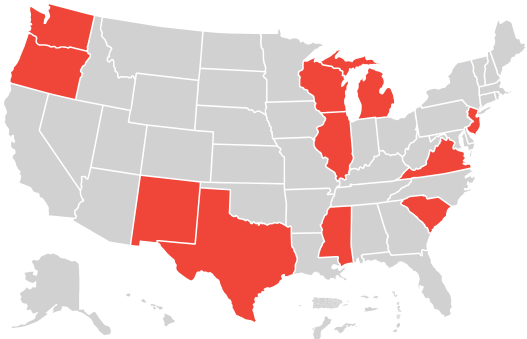


# HealthConnect One's Community-Based Doula Program

HealthConnect One's Community-Based Doula Program seeks to increase rates of breastfeeding, reduce rates of low birthweight and prematurity, reduce the use of non-medically necessary caesarean sections, reduce the use of epidurals in favor of alternative pain management techniques, and further develop the corps of community health workers in maternal and child health and early learning. See [www.healthconnectone.org](http://www.healthconnectone.org) for details.

<b>What is the model's approach to providing home visiting services?</b>	<p>Services are provided prenatally from the 28th week of pregnancy until the child is 6 months old or no longer breastfeeding. Families typically receive a total of 24 home visits—12 during pregnancy and 12 after birth. Home visits take place twice per month from the 28th week of pregnancy up to the 36th week of pregnancy, weekly from the 36th week of pregnancy to 8 weeks postpartum, and at least monthly after 8 weeks postpartum.</p> <p>HealthConnect One serves all families during pregnancy, birth, and the early postpartum period. Some local programs have specific eligibility requirements.</p>
<b>Who is implementing the model?</b>	<p><b>Home Visitors</b> HealthConnect One was implemented by 14 community health workers/doulas in 2018.</p> <p><b>Supervisors</b> HealthConnect One was implemented by five supervisors in 2018.</p>
<b>Where is the model implemented?</b>	 <p>HealthConnect One operated across 11 states in 2018.</p>



# HealthConnect One's Community-Based Doula Program

## Families Served Through Home Visiting in 2018



**2,003**

home visits provided



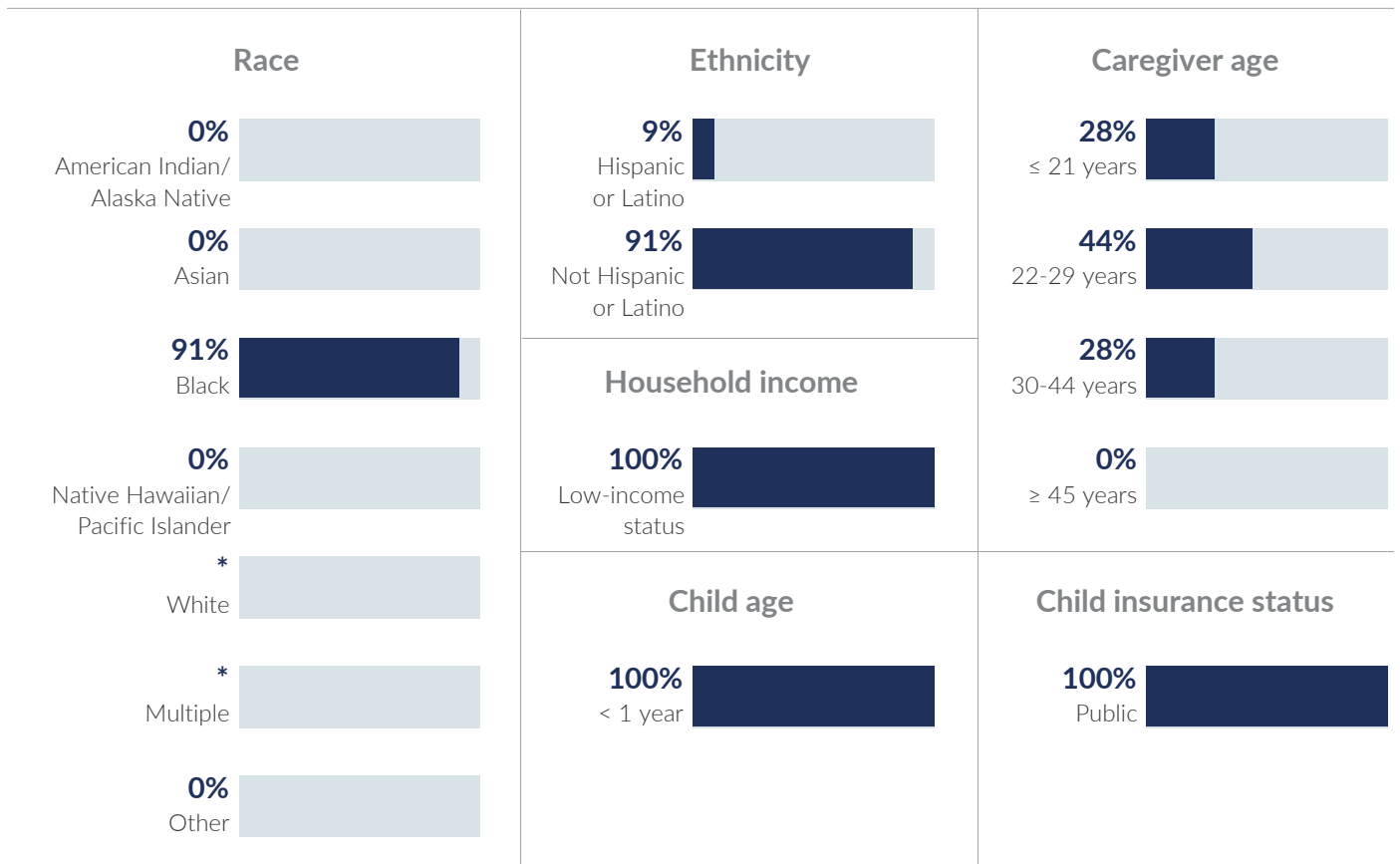
**160**

families served



**160**

children served



Note • Percentages may not add up to 100 due to rounding. • To protect confidentiality, race and ethnicity categories with 10 or fewer participants were replaced with \*.