

Health Access Nurturing Development Services

HANDS is a statewide home visiting program in Kentucky that provides assistance to overburdened parents during the prenatal period until their child is 3 years old. The model's main goals are to promote healthy pregnancies and births, optimal child growth and development, safe homes, and family self-sufficiency. See www.kyhands.com for details.

<p>What is the model's approach to providing home visiting services?</p>	<p>Home visits take place weekly, beginning prenatally, until the child is 6 months old. After the child is 6 months old, visit frequency is determined by the family's level of need. Services are offered until the child is 3 years old. HANDS requires families to initiate services prenatally or before the child is 3 months old.</p> <p>HANDS' target population includes the following:</p> <ul style="list-style-type: none">  Families with low incomes, unstable housing, or who are unemployed  Unmarried mothers or single parents  Parents/caregivers with limited education  Families with a history of substance or tobacco use  Families facing challenges such as marital problems or inadequate social networks  Mothers with late or no prenatal care or history of abortion  Families with mental health issues
<p>Who is implementing the model?</p>	<p>Home Visitors</p> <p>Paraprofessional home visitors must have a high school diploma. Professional home visitors must have a bachelor's or associate's degree in a related field or be a registered nurse or social worker. Home visitor caseloads are weighted based on families' needs; home visitors are expected to maintain an average weighted caseload of 38 to 40 families.</p> <p>Supervisors</p> <p>The model requires supervisors to be an advanced registered nurse practitioner, registered nurse, or licensed social worker.</p>
<p>Where is the model implemented?</p>	<div style="display: flex; align-items: center;">  <p>HANDS operated in 66 local agencies in two states in 2018.</p> </div>

The NHVRC is led by James Bell Associates in partnership with the Urban Institute. Support is provided by the Heising-Simons Foundation and the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the foundations. For details about the methodology, see the *2019 Home Visiting Yearbook*.



Health Access Nurturing Development Services

Families Served Through Evidence-Based Home Visiting in 2018



177,301

home visits provided



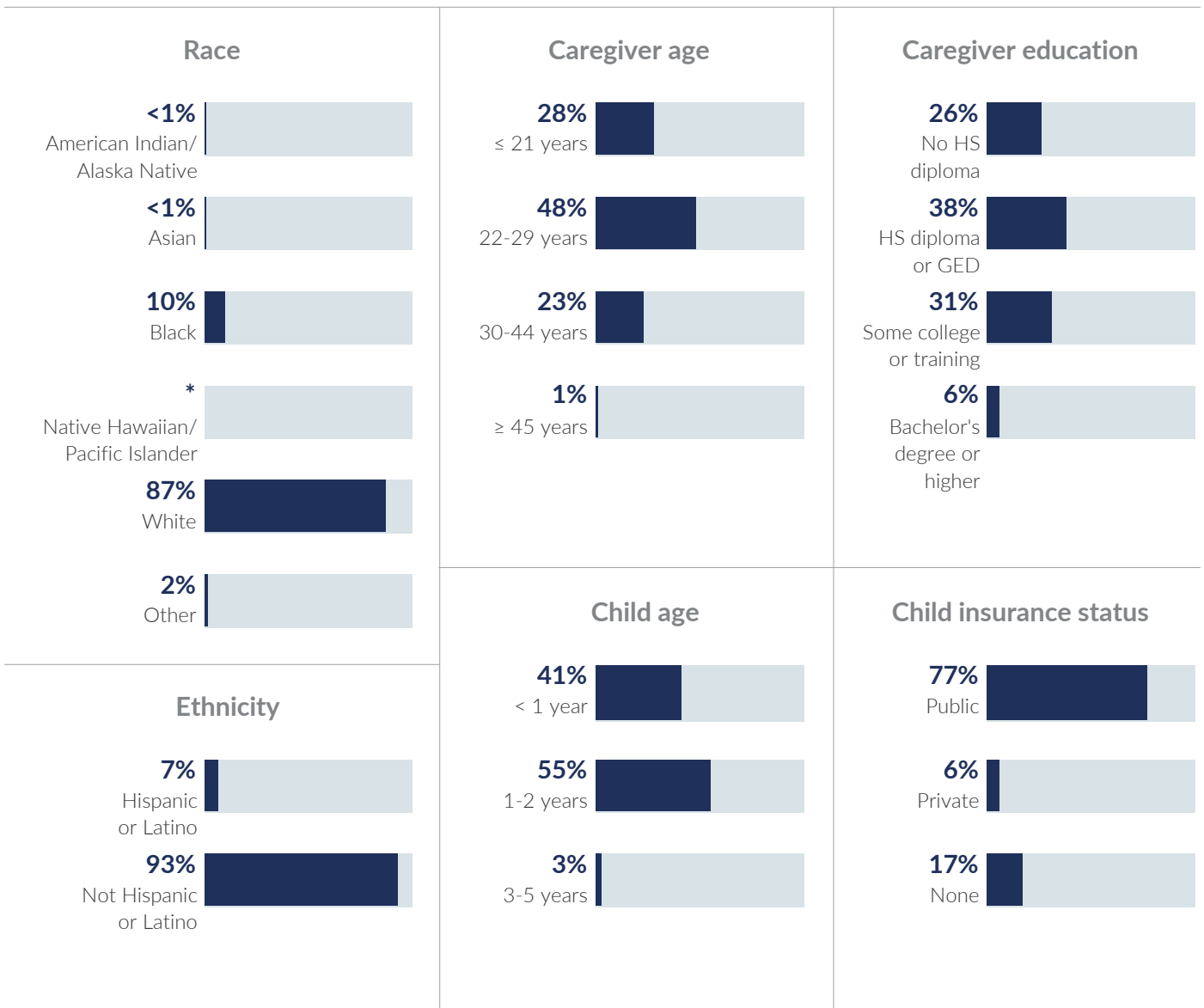
9,071

families served



7,283

children served



Note • Percentages may not add up to 100 due to rounding. • To protect confidentiality, race and ethnicity categories with 10 or fewer participants were replaced with *.