#### NHVRC MODEL PROFILES

### **Welcome Baby**

<u>Welcome Baby</u> is a voluntary, universal hospital- and home-based intervention for families who are expecting or have recently given birth. Welcome Baby works with families to help them have healthy pregnancies and births; provide support during the postpartum period; maximize babies' health and safety; build strong parent-child relationships; and facilitate access to support services when needed.

# What is the model's approach to providing home visiting services?

Welcome Baby provides a home visit before the 27th week of pregnancy, followed by a phone call check-in and a home visit after the 28th week of pregnancy. Families receive five home visits after their baby is born. A registered nurse makes the first visit 3 to 14 days postpartum. A parent coach then visits the family at 2 to 4 weeks, 2 months, 3 to 4 months, and 9 months postpartum. Services are provided until the child is 9 months old. Welcome Baby recommends families initiate services prenatally if their location permits, or at the time of birth in a participating hospital.

Welcome Baby serves all families with young children. Some local programs have specific eligibility requirements.

### Who is implementing the model?

#### **Home Visitors**

Welcome Baby was implemented by 112 home visitors in 2023. The model requires at least a bachelor's degree for home visitors. The maximum caseload requirement for home visitors is 100 families.

#### **Supervisors**

Welcome Baby was implemented by 23 supervisors in 2023. The model recommends at least a bachelor's degree for supervisors.

## Where is the model implemented?



Welcome Baby operated in 13 local agencies in 1 state in 2023.

The NHVRC is a partnership of James Bell Associates and the Urban Institute. Support is provided by the Heising-Simons Foundation. The views expressed here do not necessarily reflect the views of the foundation. For a detailed methodology, see the 2024 Home Visiting Yearbook.



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### Families Served Through Home Visiting in 2023

