#### NHVRC MODEL PROFILES

# Team for Infants Exposed to Substance use (TIES) Program

The Team for Infants Exposed to Substance use (TIES) Program is an intensive home-based partnership with pregnant and postpartum women and their families affected by maternal substance use. Social workers and parent educators work with families to create a jointly designed plan that builds on family strengths to promote overall physical, social, and emotional health. The TIES Program aims to reduce parental alcohol and other drug use; build parenting capacity to support child development; address health and behavioral health care needs of parents and children; and improve access to stable income and safe, affordable housing. Contact Emma Sexton at ecsexton@cmh.edu for details.

### What is the model's approach to providing home visiting services?

Home visits take place once per week. Services are provided until the child turns 2 years old. The TIES Program enrolls families prenatally and up to 6 month postpartum. Mothers must be at least 18 years old and have parental or kinship custody to participate.

The TIES Program's service population includes the following:



Families with a history of substance use or in need of treatment



Children born with prenatal alcohol or other drug exposure

### Who is implementing the model?

#### **Home Visitors**

The TIES Program was implemented by 6.5 full-time equivalent (FTE) home visitors in 2023. The model requires a master's degree for family support specialists and a bachelor's degree for parent resource specialists. The maximum caseload for family support specialists is 10 active families. Parent resource specialists may have no more than 15 active families on their caseloads.

### **Supervisors**

The TIES Program was implemented by 1 FTE supervisor in 2023. The model requires a master's degree in social work for supervisors.

## Where is the model implemented?



The TIES Program operated in 1 local agency across 2 states in 2023.

The NHVRC is a partnership of James Bell Associates and the Urban Institute. Support is provided by the Heising-Simons Foundation. The views expressed here do not necessarily reflect the views of the foundation. For a detailed methodology, see the 2024 Home Visiting Yearbook.



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Families Served Through Home Visiting in 2023

