



Preparing for Life – Home Visiting

[Preparing for Life – Home Visiting](#) (PFL) supports caregivers in establishing nurturing, safe, and positive home learning environments. The model's main goals are to improve school readiness, support child health and well-being, and foster responsive relationships. PFL uses a strengths-based approach that builds on the inherent capabilities of caregivers, helping them identify and pursue their goals and aspirations for themselves and their children. PFL works in partnership with local community resources to facilitate access to additional services for caregivers.

<p>What is the model's approach to providing home visiting services?</p>	<p>Hourlong home visits take place monthly or more often if needed. PFL requires families to initiate services prenatally. Services are provided until the child enters kindergarten.</p> <p>PFL's service population includes the following:</p> <ul style="list-style-type: none">  Expectant caregivers  First-time caregivers  Caregivers under 21 years old  Caregivers with limited access to education  Families with low incomes  Families with a history of child abuse or neglect/involvement with child welfare system  Children with developmental delays or disabilities
<p>Who is implementing the model?</p>	<p>Home Visitors</p> <p>PFL requires home visitors to have a bachelor's degree, knowledge of child development, and experience working with families; experience in home visiting is recommended. Home visitors are required to maintain a caseload of 20 to 27 families.</p> <p>Supervisors</p> <p>PFL requires supervisors to have a bachelor's degree and experience in home visiting and child health and development. Supervisors are also required to have experience working with families and supervising staff in a social work or social care environment. Experience providing coaching support is recommended.</p>
<p>Where is the model implemented?</p>	<div style="display: flex; align-items: center;">  <div> <p>PFL operated in 1 local agency in 1 state in 2023. PFL also operated outside the United States and its territories in Ireland in 2023.</p> </div> </div>

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National Home Visiting Resource Center

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