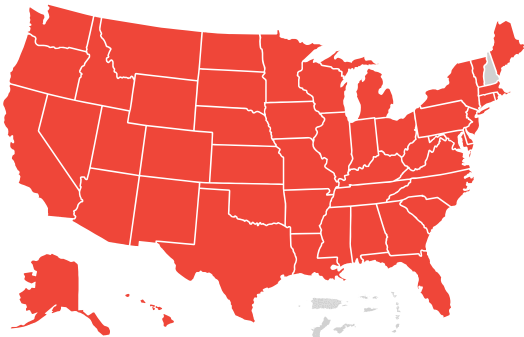


Parents as Teachers

[Parents as Teachers](#) (PAT) aims to increase parent knowledge of early childhood development; improve positive parenting practices; provide early detection of developmental delays and connection to services; improve parent, child, and family health and well-being; increase children’s school readiness and school success; prevent child abuse and neglect; improve family economic well-being; and strengthen community capacity and connectedness. The four components of the model (home visits, group connections, child screenings, and resource network) all focus on parent-child interaction, development-centered parenting, and family well-being.

<p>What is the model’s approach to providing home visiting services?</p>	<p>Home visits take place based on each family’s experiences and stressors. Families with one or fewer designated experiences and/or stressors should receive at least 12 visits each year. Those with two or more designated experiences and/or stressors should receive at least 24 visits each year. Programs are designed to deliver services for at least 2 years. Families may enroll at any time prenatally through kindergarten.</p> <p>PAT serves all families with young children. All age-eligible children in the family are expected to receive PAT services. Some local programs have specific eligibility requirements.</p>
<p>Who is implementing the model?</p>	<p>Home Visitors</p> <p>PAT was implemented by 4,110 home visitors in 2023. Most home visitors (70 percent) have a bachelor’s degree or higher. The model requires a high school diploma or GED plus 2 years of experience working with young children and/or parents for home visitors. On average, full-time home visitors have a caseload of 18 families.</p> <p>Supervisors</p> <p>PAT was implemented by 996.3 full-time equivalent supervisors in 2023. The model recommends a bachelor’s or master’s degree and 5 years of experience working with young children and families for supervisors.</p>
<p>Where is the model implemented?</p>	<div style="display: flex; align-items: center;">  <div> <p>PAT operated in 893 local agencies across 49 states and the District of Columbia in 2023. PAT also operated outside the United States and its territories in Canada, Germany, Switzerland, and the United Kingdom in 2023.</p> </div> </div>

The NHVRC is a partnership of James Bell Associates and the Urban Institute. Support is provided by the Heising-Simons Foundation. The views expressed here do not necessarily reflect the views of the foundation. For a detailed methodology, see the *2024 Home Visiting Yearbook*.

Parents as Teachers

Families Served Through Evidence-Based Home Visiting in 2023



836,763

home visits provided
including 186,677 virtual visits



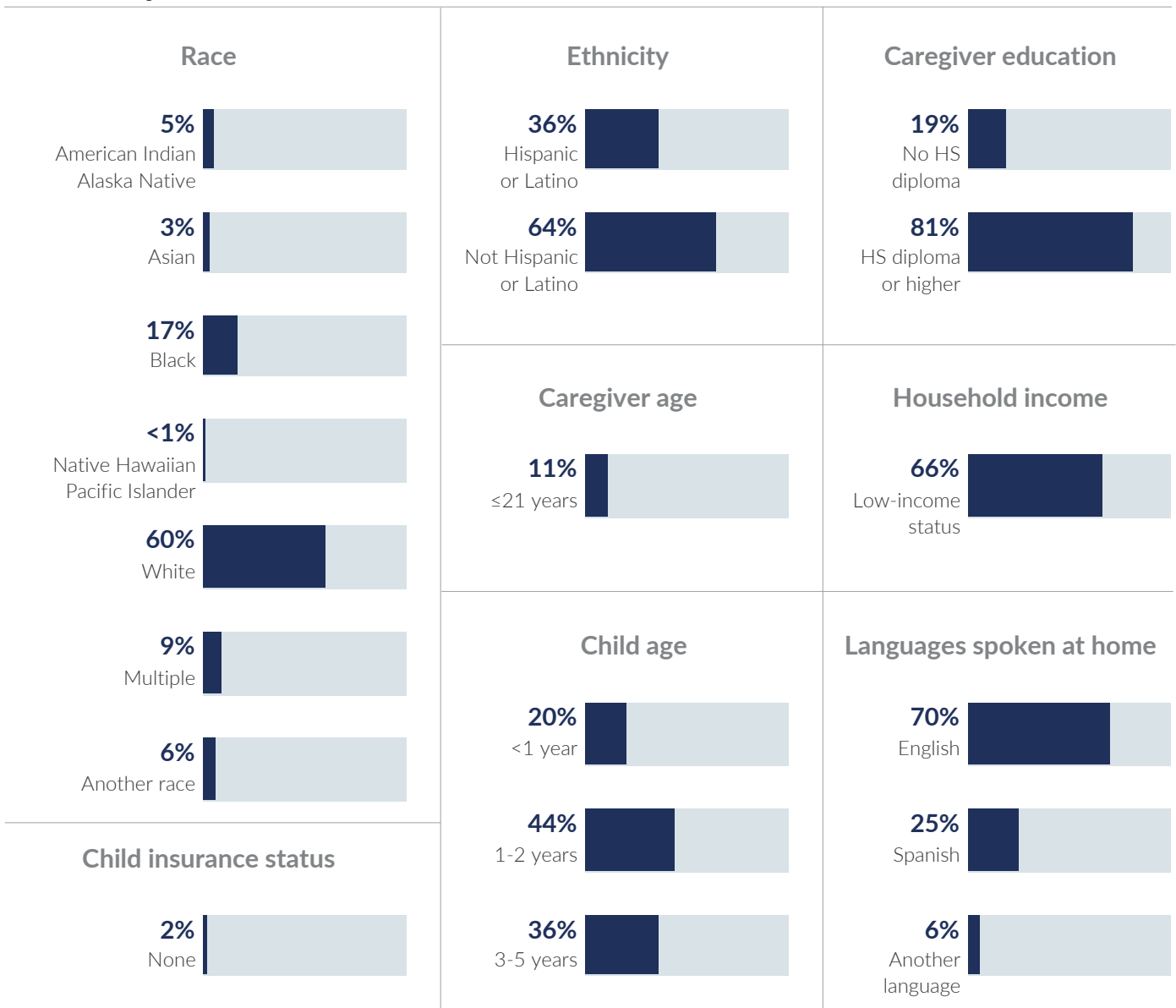
72,149

families served



87,328

children served



Percentages may not add to 100 due to rounding. • Participant data reflect the 2022–2023 program year (July 1, 2022–June 30, 2023). • Virtual home visits may be underreported due to data collection limitations. • Caregivers currently enrolled in high school were included in the HS diploma or higher calculation.