







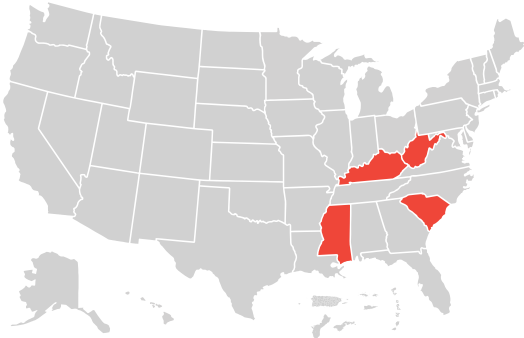


Maternal Infant Health Outreach Worker Program

[Maternal Infant Health Outreach Worker Program](#) (MIHOW) aims to enhance maternal and child health outcomes through a strength-based home visiting approach. MIHOW trains community health workers to help pregnant individuals achieve physical, mental, and emotional well-being in preparation for their baby’s arrival. After the baby is born, MIHOW focuses on fostering positive parent-child interactions and creating a safe, stable, and nurturing environment for the family.

<p>What is the model’s approach to providing home visiting services?</p>	<p>Home visits occur monthly, starting prenatally and continuing until the child turns 3 years old. Though families may enroll at any point, MIHOW accreditation standards mandate that at least 80 percent of families begin services during pregnancy.</p> <p>MIHOW’s service population includes the following:</p> <ul style="list-style-type: none">  Expectant caregivers  First-time caregivers  Caregivers under 21 years old  Caregivers who are unmarried or single  Caregivers with limited access to education  Families with low incomes  Caregivers experiencing physical/social isolation or limited support system  Families experiencing language barriers
<p>Who is implementing the model?</p>	<p>Home Visitors</p> <p>MIHOW was implemented by 25 home visitors in 2023. The model requires that home visitors share the same background, culture, and life experiences as the families they serve. MIHOW recommends a high school diploma or GED for home visitors. The maximum caseload requirement for home visitors is 40 families.</p> <p>Supervisors</p> <p>MIHOW was implemented by 6 supervisors in 2023. The model recommends a bachelor’s degree for supervisors.</p>

<p>Where is the model implemented?</p>	<div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>MIHOW operated in 11 local agencies across 4 states in 2023.</p> </div> </div>
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Families Served Through Evidence-Based Home Visiting in 2023



2,418

home visits provided
including 595 virtual visits



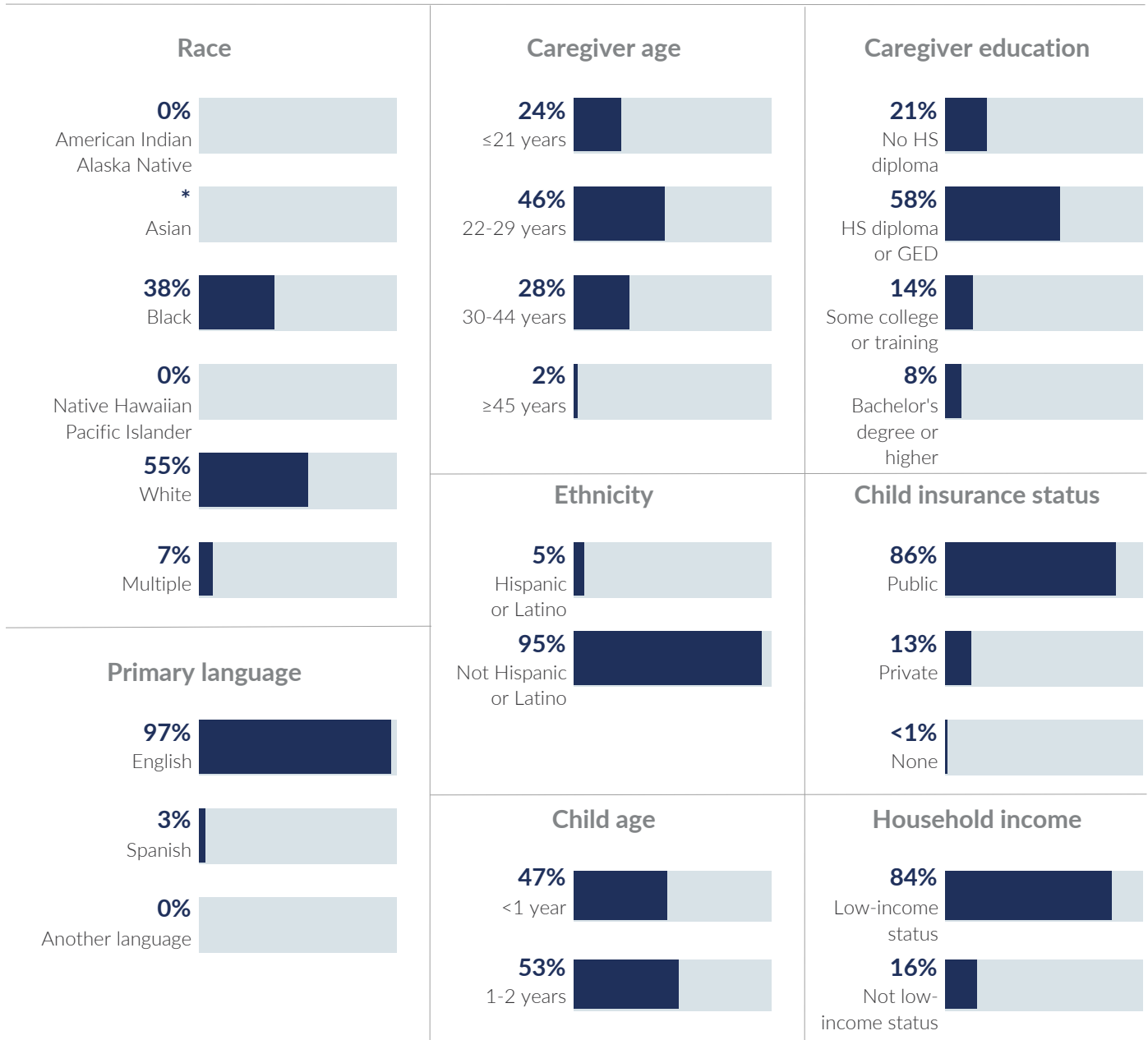
268

families served



219

children served



Percentages may not add to 100 due to rounding. • Missing and unknown data were not included in calculations. • To protect confidentiality, race categories with 10 or fewer people were replaced with *.