






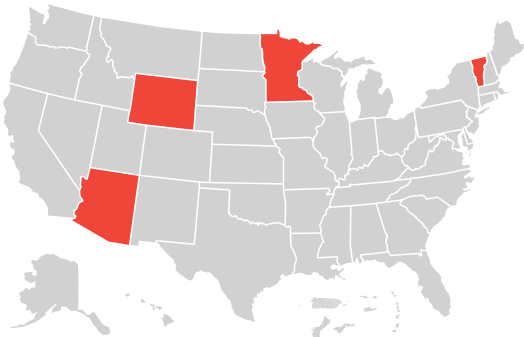


Maternal Early Childhood Sustained Home-Visiting

[Maternal Early Childhood Sustained Home-Visiting](#) (MECSH) aims to improve the health, development, and social well-being of families with new babies in need of additional sustained support. The model supports positive transitions to parenting, positive parenting skills, future-oriented and aspirational thinking, problem-solving skills, the ability to mobilize resources, and healthy relationships.

<p>What is the model’s approach to providing home visiting services?</p>	<p>Home visits take place based on the child’s age. Families may receive a minimum of three prenatal visits. After the child’s birth, families receive visits weekly until the child is 6 weeks old, every 2 weeks until the child is 12 weeks old, every 3 weeks until the child is 6 months old, every 6 weeks until the child is 12 months old, and every 2 months until the child is 2 years old. MECSH recommends families initiate services prenatally, but allows families to enroll up to 8 weeks after the child is discharged from the hospital.</p> <p>MECSH’s service population includes the following:</p> <ul style="list-style-type: none">  Expectant caregivers  Families with low incomes  Caregivers who are unmarried or single  Caregivers with limited access to education  Families with a history of substance use or in need of treatment  Families with a history of child abuse or neglect/involvement with child welfare system  Families experiencing mental health concerns, including maternal depression and anxiety
<p>Who is implementing the model?</p>	<p>Home Visitors</p> <p>MECSH was implemented by 336 home visitors in 2023. The model requires a bachelor’s degree in nursing for home visitors. Home visitors are required to maintain a caseload of 20 to 30 families.</p> <p>Supervisors</p> <p>MECSH was implemented by 43 supervisors in 2023. The model requires a bachelor’s degree in nursing for supervisors.</p>
<p>Where is the model implemented?</p>	<div style="display: flex; align-items: center;">  <p>MECSH operated in 79 local agencies across 4 states in 2023. MECSH also operated outside the United States and its territories in Australia, the Channel Islands, South Korea, and the United Kingdom in 2023.</p> </div>

The NHVRC is a partnership of James Bell Associates and the Urban Institute. Support is provided by the Heising-Simons Foundation. The views expressed here do not necessarily reflect the views of the foundation. For a detailed methodology, see the *2024 Home Visiting Yearbook*.

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Families Served Through Evidence-Based Home Visiting in 2023



28,475

home visits provided
including 507 virtual visits



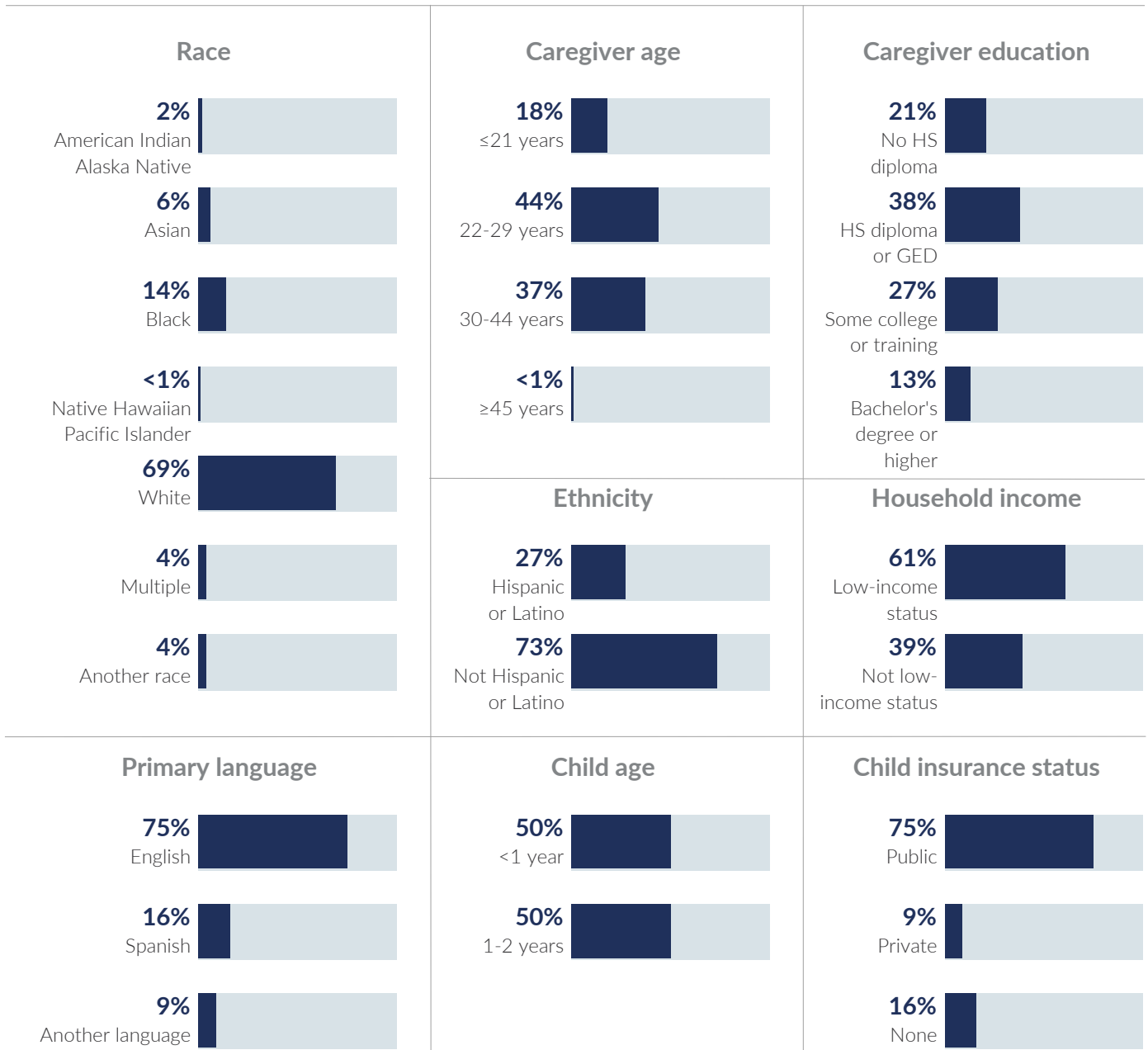
4,383

families served



3,928

children served



Percentages may not add to 100 due to rounding.