







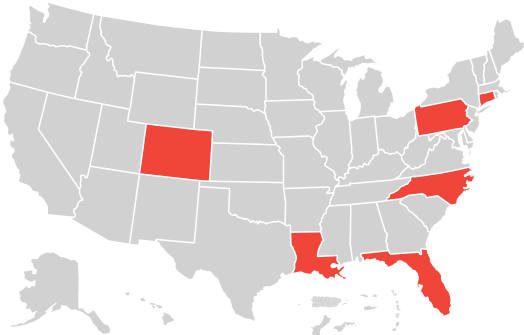


Child First

[Child First](#) is an evidence-based, early childhood, two-generation, mental health model that works in the home with children and families. Child First takes a two-pronged approach, providing mental health services to the caregiver and child, while working within a broader system of care to connect them to comprehensive community-based services and supports.

<p>What is the model's approach to providing home visiting services?</p>	<p>Home visits take place twice per week during a month-long assessment period and a minimum of once per week thereafter. Services are provided for families and their children prenatally through 5 years old for approximately 6 to 12 months, but can extend beyond 12 months depending on a family's need.</p> <p>Child First's service population includes the following:</p> <ul style="list-style-type: none">  Children with emotional or behavioral concerns  Caregivers with depression, PTSD, and other mental health concerns  Families with low incomes  Caregivers experiencing domestic violence or trauma  Children experiencing abuse, neglect, or other trauma  Families with a history of substance use or in need of treatment  Families experiencing homelessness  Children with developmental delays or disabilities
<p>Who is implementing the model?</p>	<p>Home Visitors</p> <p>Child First was implemented by 226 home visitors in 2023. The model is implemented through a team-based approach, utilizing care coordinators (bachelor's level preferred) and master's level clinicians. Home visitors typically maintain a caseload of 12 to 16 families.</p> <p>Supervisors</p> <p>Child First was implemented by 47 supervisors in 2023. The model requires a master's degree in a mental health specialty with a license for supervisors.</p>

<p>Where is the model implemented?</p>	<div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>Child First operated in 35 local agencies across 6 states in 2023.</p> </div> </div>
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The NHVRC is a partnership of James Bell Associates and the Urban Institute. Support is provided by the Heising-Simons Foundation. The views expressed here do not necessarily reflect the views of the foundation. For a detailed methodology, see the *2024 Home Visiting Yearbook*.

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Families Served Through Evidence-Based Home Visiting in 2023



58,472

home visits provided
including **4,587** virtual visits



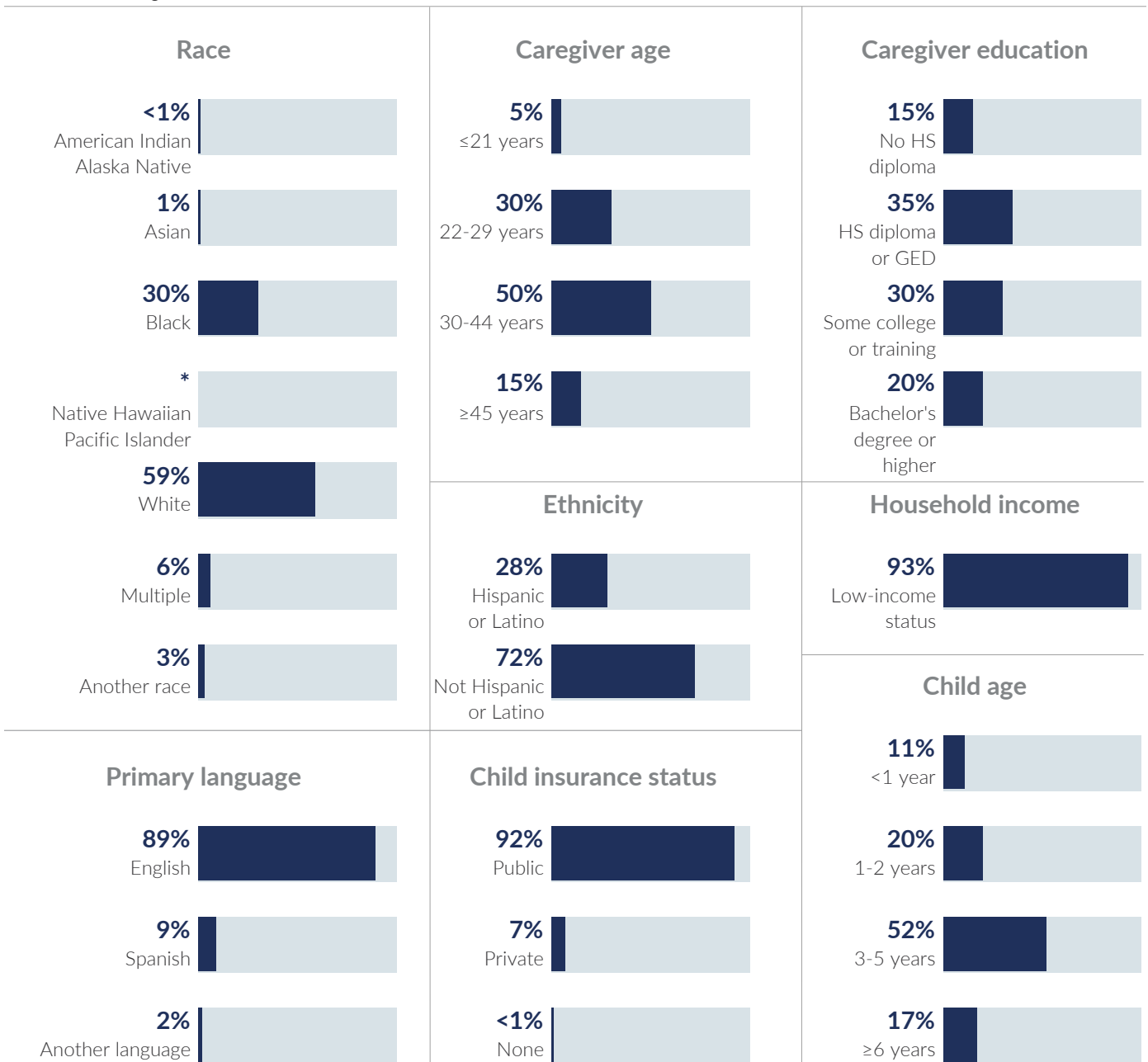
2,456

families served



2,456

children served



Percentages may not add to 100 due to rounding. • To protect confidentiality, race categories with 10 or fewer people were replaced with *.