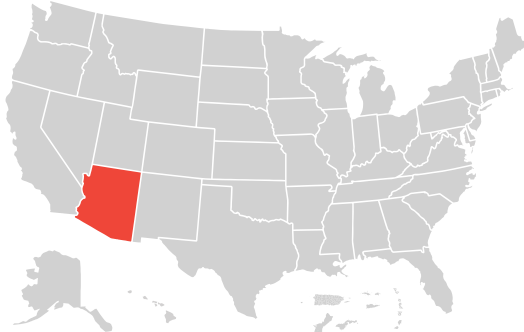


Arizona Health Start Program

[Arizona Health Start Program](#) provides education, support, and advocacy services to expectant caregivers and families of young children. The model's main goals are to increase prenatal services; reduce the incidence of low birthweight children; increase the number of children receiving age-appropriate immunizations by age 2; and educate families on the importance of good nutritional habits, developmental assessments, and preventive health care. Contact Kristin Spevak at Kristin.Spevak@azdhs.gov for details.

What is the model's approach to providing home visiting services?	<p>Home visits take place at least once per month. Families with higher needs may receive up to four visits per month. Services are provided prenatally until the child is 2 years old. Arizona Health Start Program recommends families initiate services prenatally, though families may enroll at any point before the child turns 2 years old.</p> <p>Arizona Health Start Program's service population includes the following:</p> <ul style="list-style-type: none">✓ Expectant caregivers✓ Families with a history of child abuse or neglect/involvement with child welfare system✓ Caregivers experiencing a high-risk pregnancy✓ Caregivers with previous or current chronic conditions
Who is implementing the model?	<p>Home Visitors</p> <p>Arizona Health Start Program was implemented by 53 home visitors in 2023. The model requires a high school diploma or equivalent for home visitors; it recommends an educational background in maternal child health and early childhood development and completion of the Community Health Worker Core Competency Training. The maximum caseload requirement for home visitors is 40 families.</p> <p>Supervisors</p> <p>Arizona Health Start Program was implemented by 15 supervisors in 2023. The model requires supervisors to have experience in early education, home visiting, child health and/or development, and in staff supervision and working with children and families. The model recommends at least a bachelor's degree for supervisors.</p>
Where is the model implemented?	 <p>Arizona Health Start Program operated in 15 local agencies across 1 state in 2023.</p>



Arizona Health Start Program

Families Served Through Home Visiting in 2023



18,623

home visits provided
including 5,633 virtual visits



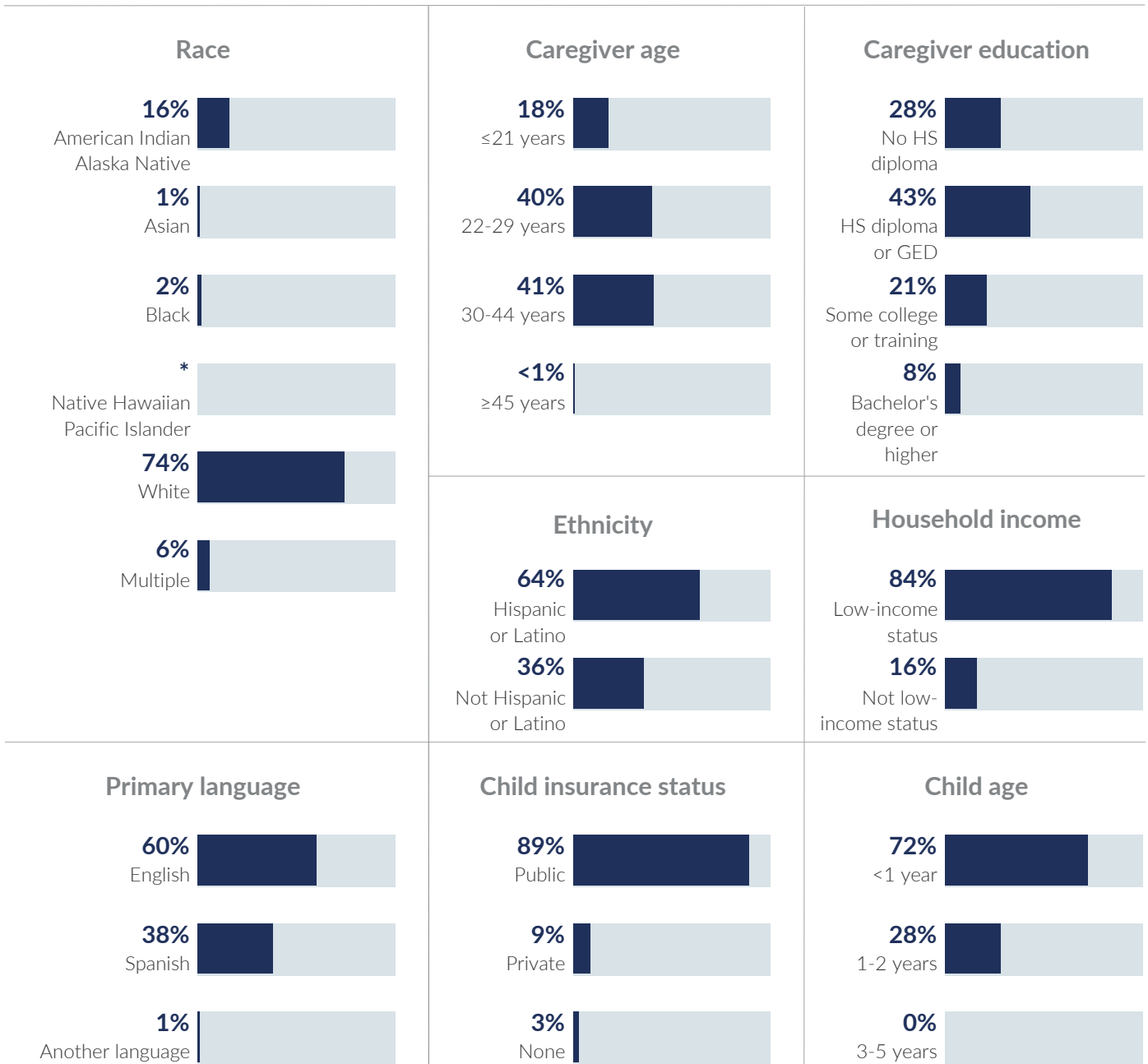
1,572

families served



1,480

children served



Percentages may not add to 100 due to rounding. • To protect confidentiality, race and ethnicity categories with 10 or fewer caregivers were replaced with *.