




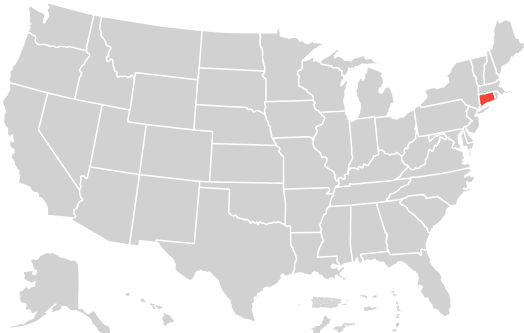


# Minding the Baby

[Minding the Baby](#) supports reflective parenting, secure attachment, maternal and child health, mental health, and self-efficacy using an interdisciplinary approach with first-time young mothers and their families. The model pairs a social worker and nurse practitioner to support a family’s development together.

<p><b>What is the model’s approach to providing home visiting services?</b></p>	<p>Home visits take place weekly until the child turns 1 year old, then every other week until the child turns 2 years old. The frequency may vary based on a family’s level of need or in times of crisis. Services are provided for 27 months (prenatally until the child is 2 years old). Minding the Baby requires families to initiate services prenatally.</p> <p>Minding the Baby’s service population includes the following:</p> <ul style="list-style-type: none"> <li> Expectant caregivers</li> <li> Families with low incomes</li> <li> First-time caregivers</li> <li> Caregivers under 21 years old</li> <li> Families with a history of child abuse or neglect/involvement with child welfare system</li> </ul>
<p><b>Who is implementing the model?</b></p>	<p><b>Home Visitors</b></p> <p>The model recommends a master’s degree for home visitors. The maximum caseload requirement for home visitors is 25 families.</p> <p><b>Supervisors</b></p> <p>The model requires a master’s degree for supervisors; a doctoral degree is recommended.</p>
<p><b>Where is the model implemented?</b></p>	<div style="display: flex; align-items: center;">  <p>Minding the Baby operated in 2 local agencies in 1 state in 2021. Minding the Baby also operated outside the United States and its territories in Denmark in 2021.</p> </div>

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Families Served Through Evidence-Based Home Visiting in 2021



**280**

home visits provided



**19**

families served

