






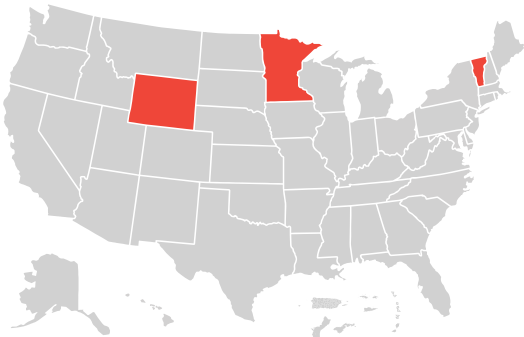


# Maternal Early Childhood Sustained Home-Visiting

[Maternal Early Childhood Sustained Home-Visiting](#) (MECSH) aims to improve the health, development, and social well-being of families with new babies in need of additional sustained support. The model supports positive transitions to parenting, positive parenting skills, future-oriented and aspirational thinking, problem-solving skills, the ability to mobilize resources, and healthy relationships.

<p><b>What is the model’s approach to providing home visiting services?</b></p>	<p>Home visits take place based on the child’s age. Families may receive three prenatal visits. After the child’s birth, families receive visits weekly until the child is 6 weeks old, every 2 weeks until the child is 12 weeks old, every 3 weeks until the child is 6 months old, every 6 weeks until the child is 12 months old, and every 2 months until the child is 2 years old. MECSH recommends families initiate services prenatally, but allows families to enroll up to 8 weeks after the child is discharged from the hospital.</p> <p>MECSH’s service population includes the following:</p> <ul style="list-style-type: none"> <li> Expectant caregivers</li> <li> Families with low incomes</li> <li> Caregivers who are unmarried or single</li> <li> Caregivers with limited access to education</li> <li> Families with a history of substance use or in need of treatment</li> <li> Families with a history of child abuse or neglect/involvement with child welfare system</li> <li> Families experiencing mental health concerns, including maternal depression and anxiety</li> </ul>
<p><b>Who is implementing the model?</b></p>	<p><b>Home Visitors</b></p> <p>MECSH was implemented by 319 home visitors in 2021. The model requires a bachelor’s degree in nursing for home visitors. Home visitors are required to maintain a caseload of 20 to 30 families.</p> <p><b>Supervisors</b></p> <p>MECSH was implemented by 38 supervisors in 2021. The model requires a bachelor’s degree in nursing for supervisors.</p>
<p><b>Where is the model implemented?</b></p>	<div style="display: flex; align-items: center;">  <p>MECSH operated in 62 local agencies across 3 states in 2021. MECSH also operated outside the United States and its territories in Australia, the Channel Islands, South Korea, and the United Kingdom in 2021.</p> </div>

The NHVRC is a partnership of James Bell Associates and the Urban Institute. Support is provided by the Heising-Simons Foundation and previously was also provided by the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the foundations. For a detailed methodology, see the *2022 Home Visiting Yearbook*.

# Maternal Early Childhood Sustained Home-Visiting

Families Served Through Evidence-Based Home Visiting in 2021



**10,522**

home visits provided  
including 1,687 virtual visits



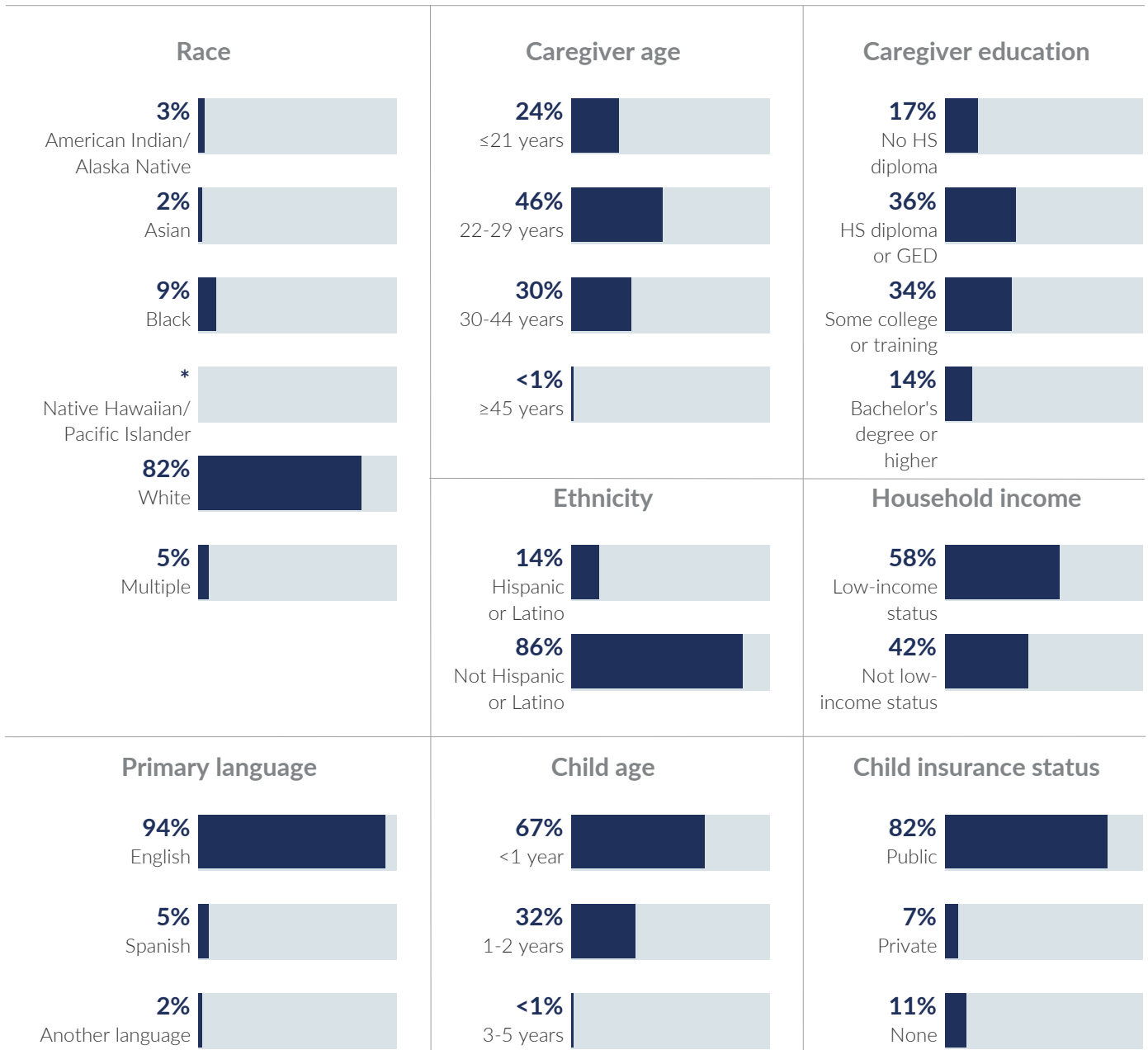
**1,856**

families served



**1,652**

children served



Percentages may not add to 100 due to rounding. • To protect confidentiality, race and ethnicity categories with 10 or fewer caregivers were replaced with \*.