NHVRC MODEL PROFILES

HealthConnect One's Community-Based Doula Program

<u>HealthConnect One's Community-Based Doula Program</u> seeks to increase rates of breastfeeding, reduce rates of low birthweight and prematurity, reduce the use of non-medically necessary caesarean sections, reduce the use of epidurals in favor of alternative pain management techniques, and further develop the corps of community health workers in maternal and child health and early learning.

What is the model's approach to providing home visiting services?

Services are provided prenatally from the 28th week of pregnancy until the child is 6 months old or no longer breastfeeding. Families typically receive a total of 24 home visits—12 during pregnancy and 12 after birth. Home visits take place twice per month from the 28th week of pregnancy up to the 36th week of pregnancy, weekly from the 36th week of pregnancy to 8 weeks postpartum, and at least monthly after 8 weeks postpartum.

HealthConnect One serves all families during pregnancy, birth, and the early postpartum period. Some local programs have specific eligibility requirements.

Who is implementing the model?

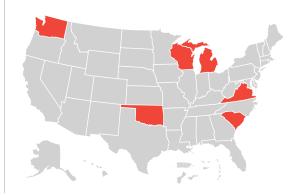
Home Visitors

HealthConnect One was implemented by 82 community health workers/doulas in 2021.

Supervisors

HealthConnect One was implemented by 19 supervisors in 2021.

Where is the model implemented?



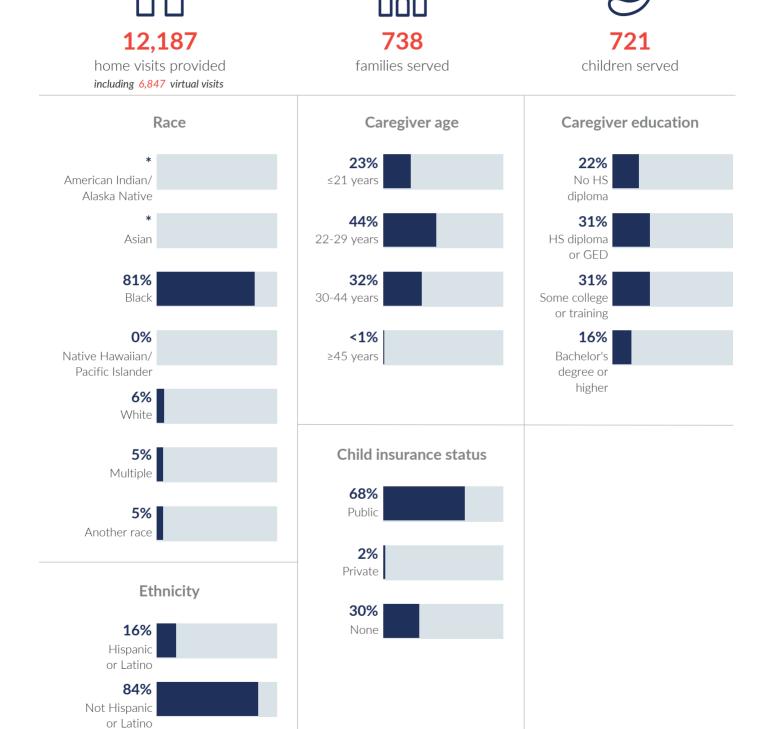
HealthConnect One operated in 7 local agencies across 6 states in 2021.

The NHVRC is a partnership of James Bell Associates and the Urban Institute. Support is provided by the Heising-Simons Foundation and previously was also provided by the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the foundations. For a detailed methodology, see the 2022 Home Visiting Yearbook.



HealthConnect One's Community-Based Doula Program

Families Served Through Home Visiting in 2021



Percentages may not add to 100 due to rounding. • To protect confidentiality, race and ethnicity categories with 10 or fewer caregivers were replaced with *.