#### NHVRC MODEL PROFILES

## High Risk Perinatal Program

High Risk Perinatal Program (HRPP) is dedicated to reducing maternal and infant mortality and morbidity. The model helps children and families transition from the special care nursery (SCN) or neonatal intensive care unit (NICU) to their home and community. Community Health Nurses monitor children's medical and developmental needs, provide support and education to families, and make referrals to other early intervention programs or community resources.

### What is the model's approach to providing home visiting services?

HRPP recommends at least four home visits lasting 60–75 minutes each per family. The first visit occurs after the child is discharged from the hospital, and the other visits can take place when the child is 2, 4, 6, 8 or 9, and 12 months old. Additional visits may be provided based on family need. The Community Health Nurse can visit until the child is 3 years old.

HRPP's service population includes the following:



Families who have stayed in the SCN or NICU



Children diagnosed with neonatal abstinence syndrome



Children with special healthcare needs

### Who is implementing the model?

#### **Home Visitors**

HRPP was implemented by 27 Community Health Nurses in 2021. The model requires Community Health Nurses to have a bachelor's degree in nursing and to be an Arizona Licensed Registered Nurse with Basic Life Support Certification. The model also requires prior experience in maternal and child health, pediatrics, and/or the NICU.

#### **Supervisors**

HRPP was implemented by 9 supervisors in 2021.

## Where is the model implemented?



HRPP operated in 8 local agencies in 1 state in 2021.

The NHVRC is a partnership of James Bell Associates and the Urban Institute. Support is provided by the Heising-Simons Foundation and previously was also provided by the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the foundations. For a detailed methodology, see the 2022 Home Visiting Yearbook.



# **High Risk Perinatal Program**

Families Served Through Home Visiting in 2021



home visits provided

3,565

families served



children served

