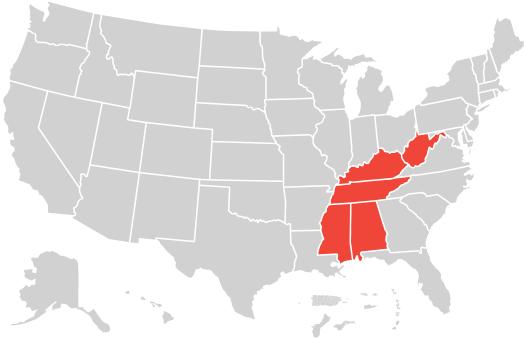


Maternal Infant Health Outreach Worker Program

[Maternal Infant Health Outreach Worker Program](#) (MIHOW)'s primary goal is to improve maternal and child health outcomes through a strength-based approach to home visiting. MIHOW trains peer mentors to support women during pregnancy to become physically, mentally, and emotionally healthy for their baby's arrival. Once the baby is born, MIHOW focuses on promoting positive parent-child interactions and establishing a safe, stable, nurturing environment.

<p>What is the model's approach to providing home visiting services?</p>	<p>Home visits take place once per month. Services are provided until the child is 3 years old. MIHOW requires at least 80 percent of families served to initiate services prenatally.</p> <p>MIHOW's service population includes the following:</p> <ul style="list-style-type: none">✓ Expectant caregivers✓ First-time caregivers✓ Caregivers under 21 years old✓ Caregivers who are unmarried or single✓ Caregivers with limited access to education✓ Families with low incomes✓ Caregivers experiencing physical/social isolation or limited support system✓ Families experiencing language barriers
<p>Who is implementing the model?</p>	<p>Home Visitors</p> <p>MIHOW was implemented by 31 home visitors in 2020. The model recommends a high school diploma or GED and experience in the community for home visitors. The maximum caseload requirement for home visitors is 40 families.</p> <p>Supervisors</p> <p>MIHOW was implemented by 14 supervisors in 2020. The model recommends a bachelor's degree for supervisors.</p>
<p>Where is the model implemented?</p>	 <p>MIHOW operated in 8 local agencies across 5 states in 2020.</p>



Maternal Infant Health Outreach Worker Program

Families Served Through Home Visiting in 2020



1,005

home visits provided
including 721 virtual visits



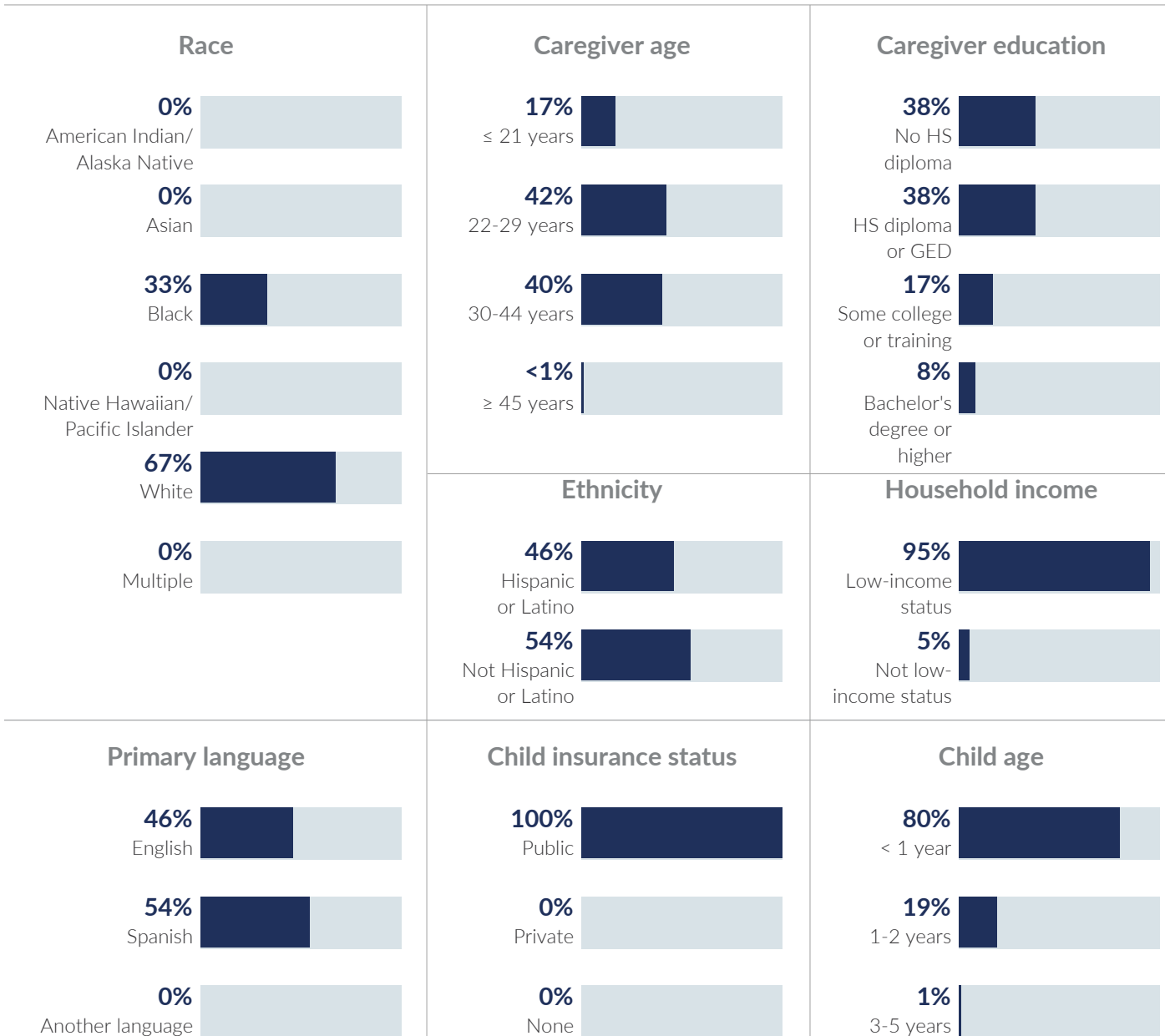
235

families served



233

children served



Percentages may not add to 100 due to rounding. • Missing and unknown data were not included in calculations.