








# Maternal Early Childhood Sustained Home-Visiting

[Maternal Early Childhood Sustained Home-Visiting](#) (MECSH) aims to improve the health, development, and social well-being of families with new babies in need of additional sustained support. The model supports positive transitions to parenting, positive parenting skills, future-oriented and aspirational thinking, problem-solving skills, the ability to mobilize resources, and healthy relationships.

<p><b>What is the model’s approach to providing home visiting services?</b></p>	<p>Home visits take place based on the child’s age. Families may receive three prenatal visits. After the child’s birth, families receive visits weekly until the child is 6 weeks old, every 2 weeks until the child is 12 weeks old, every 3 weeks until the child is 6 months old, every 6 weeks until the child is 12 months old, and every 2 months until the child is 2 years old. MECSH recommends families initiate services prenatally, but allows for families to enroll until the child is 2 months old.</p> <p>MECSH’s service population includes the following:</p> <ul style="list-style-type: none"> <li> Expectant caregivers</li> <li> Families with low incomes</li> <li> Caregivers who are unmarried or single</li> <li> Caregivers with limited access to education</li> <li> Families with a history of substance use or in need of treatment</li> <li> Families with a history of child abuse or neglect/involvement with child welfare system</li> <li> Families experiencing mental health concerns, including maternal depression and anxiety</li> </ul>
<p><b>Who is implementing the model?</b></p>	<p><b>Home Visitors</b></p> <p>MECSH was implemented by 101 home visitors in 2020. The model requires a bachelor’s degree in nursing for home visitors. Home visitors are required to maintain a caseload of 20 to 30 families.</p> <p><b>Supervisors</b></p> <p>MECSH was implemented by 24 supervisors in 2020. The model requires a bachelor’s degree in nursing for supervisors.</p>
<p><b>Where is the model implemented?</b></p>	<div style="display: flex; align-items: center;">  <p>MECSH operated in 14 local agencies across 2 states in 2020. MECSH also operated outside the United States and its territories in Australia, South Korea, and the United Kingdom in 2020.</p> </div>

# Maternal Early Childhood Sustained Home-Visiting

Families Served Through Evidence-Based Home Visiting in 2020



**4,625**

home visits provided  
including 1,024 virtual visits



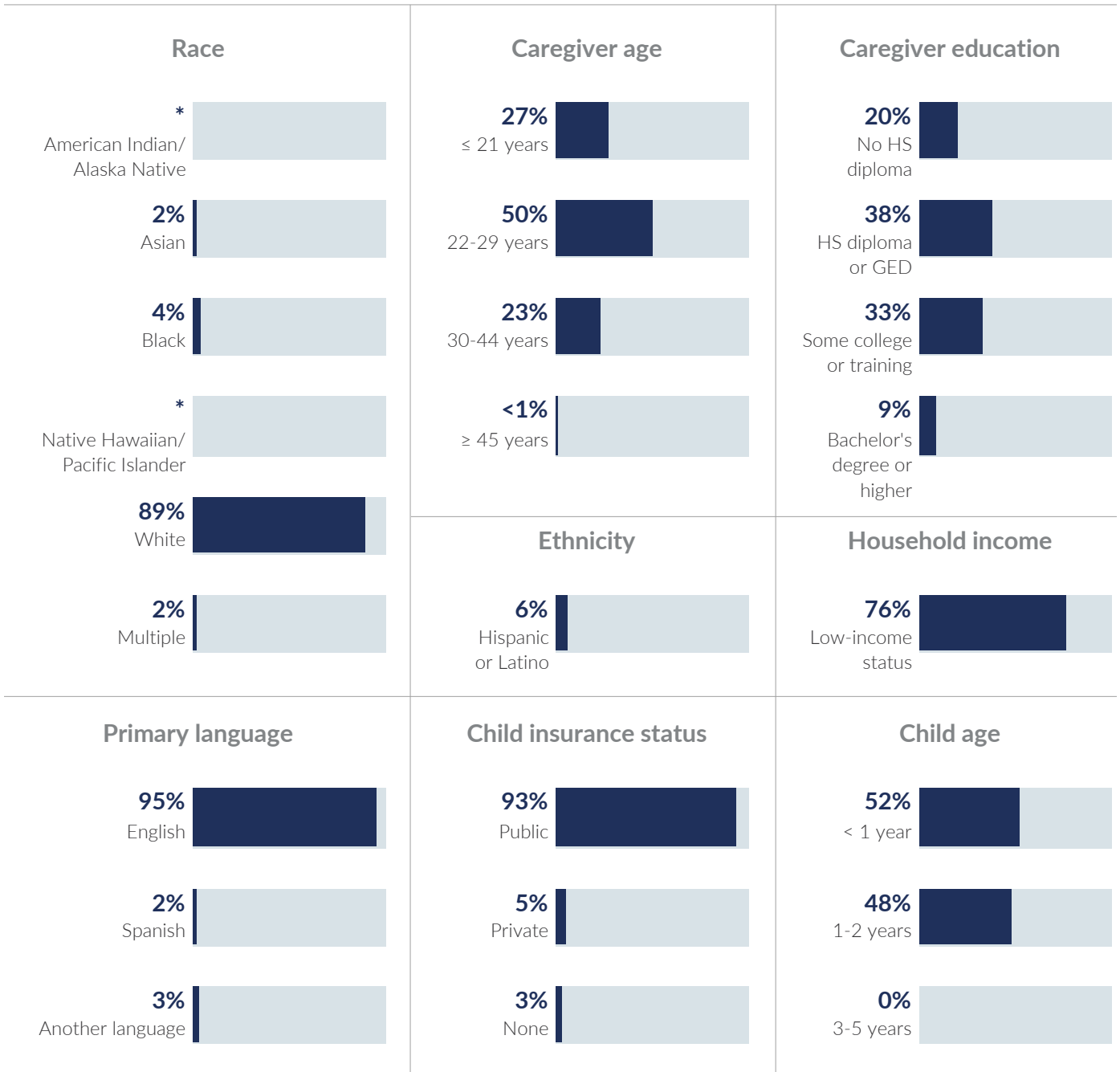
**594**

families served



**522**

children served



Percentages may not add to 100 due to rounding. • To protect confidentiality, race and ethnicity categories with 10 or fewer caregivers were replaced with \*.