

Healthy Families America

[Healthy Families America](#) (HFA) works with pregnant and parenting families of children prenatally up to age 5. The model is grounded in an infant mental health framework and aims to cultivate and strengthen nurturing parent-child relationships, promote healthy childhood growth and development, and enhance family functioning by reducing risk and building protective factors.

<p>What is the model’s approach to providing home visiting services?</p>	<p>All families receive an initial assessment of risks, resilience, and opportunities for growth, which is used to tailor services to meet their specific needs. All families are offered weekly home visits at the start of services. Family progress criteria are then used to determine a family’s readiness to move to less frequent visits—from weekly to every other week, then monthly, and finally, quarterly.</p> <p>Services are offered for a minimum of 3 years and up to 5 years. HFA recommends that services start prenatally, if possible, but allows for families to enroll after the child is born. Programs are required to enroll at least 80 percent of families by the time the child is 3 months old. One exception is families referred from child welfare, whose children can be up to 24 months old at intake. Local programs have the flexibility to define their service populations based on community needs data.</p>
<p>Who is implementing the model?</p>	<p>Home Visitors</p> <p>HFA was implemented by 3,677.1 full-time equivalent (FTE) home visitors in 2020. The model requires a minimum of a high school diploma or equivalent for home visitors. The average caseload size for a full-time home visitor is 15–20 families.</p> <p>Supervisors</p> <p>HFA was implemented by 686.9 FTE supervisors in 2020. HFA requires a master’s degree or bachelor’s degree plus 3 years of experience for supervisors.</p>
<p>Where is the model implemented?</p>	<div data-bbox="467 1339 987 1680" data-label="Figure"> </div> <p>HFA operated in 586 local agencies across 38 states and the District of Columbia, American Samoa, Guam, the Northern Mariana Islands, Puerto Rico, and the U.S. Virgin Islands in 2020. HFA also operated outside the United States and its territories in Israel in 2020.</p>

The NHVRC is led by James Bell Associates in partnership with the Urban Institute. Support is provided by the Heising-Simons Foundation and the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the foundations. For details about the methodology, see the *2021 Home Visiting Yearbook*.

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Families Served Through Evidence-Based Home Visiting in 2020



951,678

home visits provided
including 490,449 virtual visits



66,881

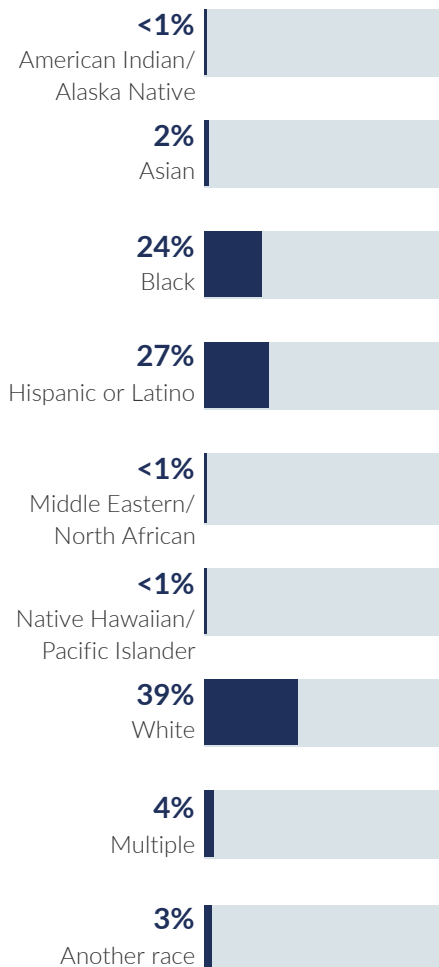
families served



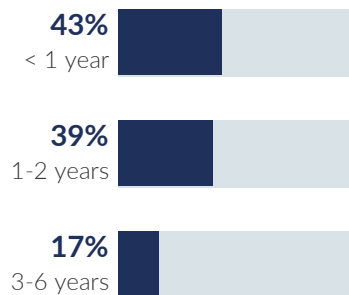
102,352

children served

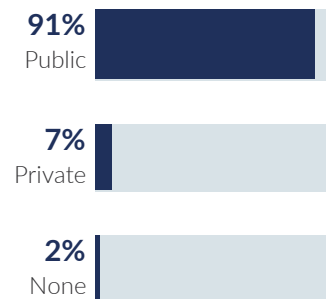
Race and ethnicity



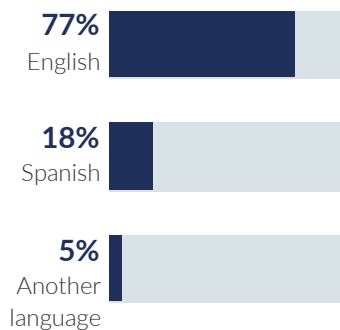
Child age



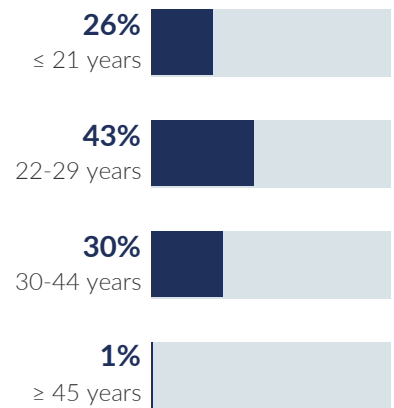
Child insurance status



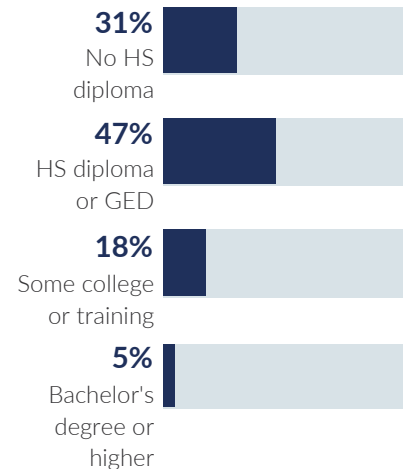
Primary language



Caregiver age



Caregiver education



Percentages may not add to 100 due to rounding.