#### NHVRC MODEL PROFILES

# Following Baby Back Home

Following Baby Back Home provides education and case management services for infants discharged from the neonatal intensive care unit (NICU) and their families. Home visiting services are provided by a registered nurse and licensed social work team for infants 0 to 3 years old. Home visitors educate caregivers on the importance of attending medical appointments and maintaining their child's immunizations to reduce preventable re-hospitalizations and emergency room visits. Services are provided to help enrolled families identify resources to meet their needs in providing a safe, nurturing home for their baby.

## What is the model's approach to providing home visiting services?

Families enroll upon discharge from the NICU. They receive home visits twice per month for the first 2 months, followed by monthly visits until the child is 1 year old. Families then receive home visits every other month, with a phone call between visits, until the child is 3 years old.

Following Baby Back Home's service population includes the following:

Families with infants who have had a NICU stay



Children with developmental delays or disabilities



Children with special health care needs

### Who is implementing the model?

#### **Home Visitors**

Following Baby Back Home was implemented by 11 full-time equivalent (FTE) home visitors in 2020. Registered nurses must have at least an associate's degree in nursing and a current nursing license. Social workers must have at least a bachelor's degree and a current social work license; a master's degree is preferred. The maximum caseload requirement for home visitors is 45 families.

#### **Supervisors**

Following Baby Back Home was implemented by 1.1 FTE supervisors in 2020. The model requires at least a bachelor's degree for supervisors.

# Where is the model implemented?



Following Baby Back Home operated in 1 local agency in 1 state in 2020.

The NHVRC is led by James Bell Associates in partnership with the Urban Institute. Support is provided by the Heising-Simons Foundation and the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the foundations. For details about the methodology, see the 2021 Home Visiting Yearbook.



# **Following Baby Back Home**

Families Served Through Home Visiting in 2020



home visits provided including 748 virtual visits



families served



411

children served

