



Child First

[Child First](#) helps to heal and protect children and families from the effects of trauma and chronic stress by providing a psychotherapeutic intervention that promotes nurturing caregiver-child relationships, enhances adult capacity, and provides care coordination to connect families with services and supports.

<p>What is the model's approach to providing home visiting services?</p>	<p>Home visits take place twice per week during a month-long assessment period and a minimum of once per week thereafter. Services are provided for families and their children prenatally through 5 years old for approximately 6 to 12 months, but can extend beyond 12 months depending on a family's need.</p> <p>Child First's service population includes the following:</p> <ul style="list-style-type: none">  Children with emotional or behavioral concerns  Caregivers with depression, PTSD, and other mental health concerns  Families with low incomes  Caregivers experiencing domestic violence or trauma  Children experiencing abuse, neglect, or other trauma  Families with a history of substance use or in need of treatment  Families experiencing homelessness  Children with developmental delays or disabilities
<p>Who is implementing the model?</p>	<p>Home Visitors</p> <p>Child First was implemented by 176 home visitors in 2020. The model requires care coordinators to have a bachelor's degree and mental health clinicians to have a master's degree in a mental health specialty with a license. Home visitors typically maintain a caseload of 12 to 16 families.</p> <p>Supervisors</p> <p>Child First was implemented by 36 supervisors in 2020. The model requires a master's degree in a mental health specialty with a license for supervisors.</p>
<p>Where is the model implemented?</p>	<div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>Child First operated in 23 local agencies across 3 states in 2020.</p> </div> </div>

The NHVRC is led by James Bell Associates in partnership with the Urban Institute. Support is provided by the Heising-Simons Foundation and the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the foundations. For details about the methodology, see the *2021 Home Visiting Yearbook*.



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Families Served Through Evidence-Based Home Visiting in 2020



49,622

home visits provided
including 31,977 virtual visits



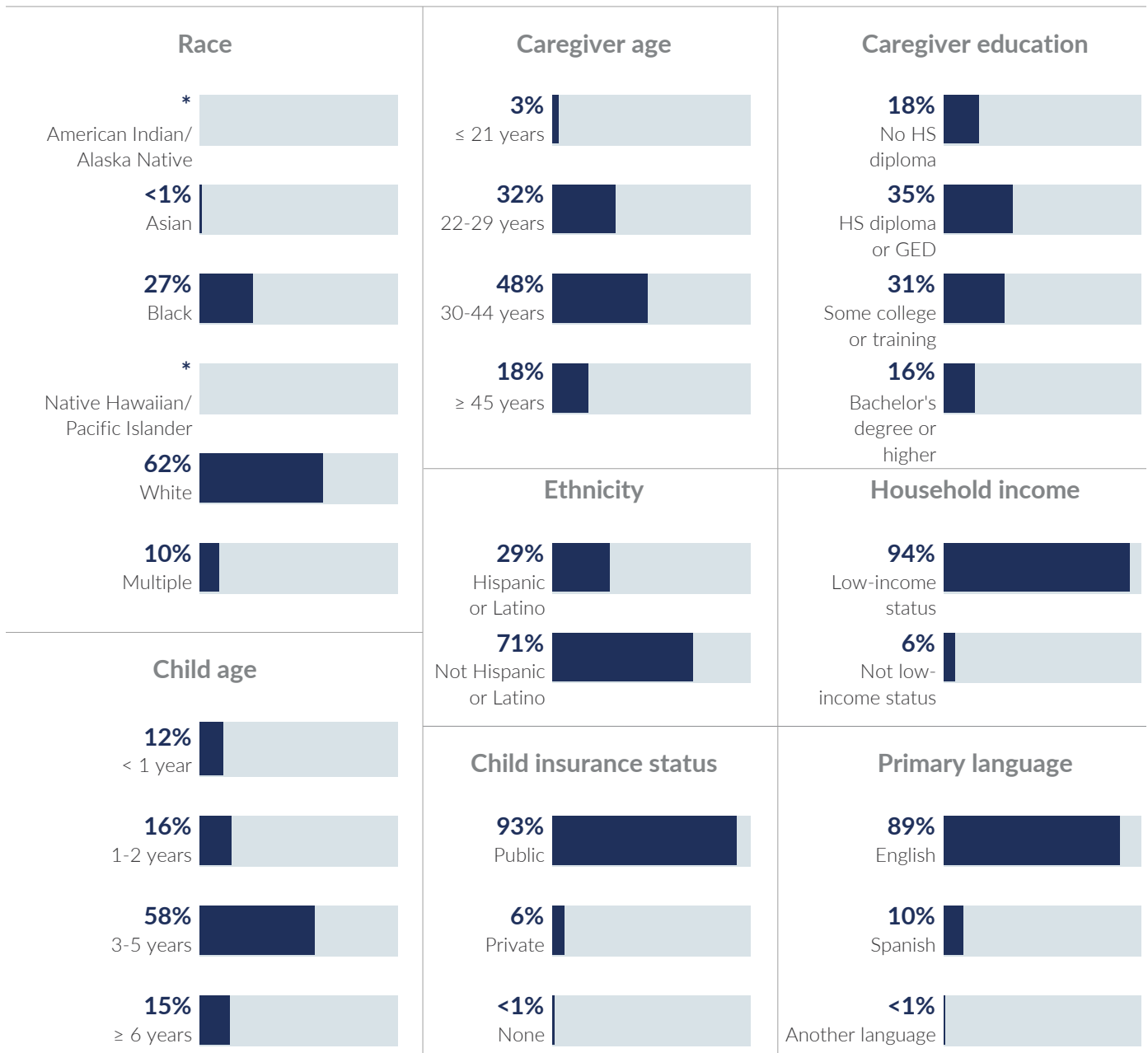
1,846

families served



1,846

children served



Percentages may not add to 100 due to rounding. • To protect confidentiality, race and ethnicity categories with 10 or fewer caregivers were replaced with *.