

# Maternal Infant Health Outreach Worker Program

[Maternal Infant Health Outreach Worker Program](#) (MIHOW)'s primary goal is to improve maternal and child health outcomes through a strength-based approach to home visiting. MIHOW trains peer mentors to support women during pregnancy to become physically, mentally, and emotionally healthy for their baby's arrival. Once the baby is born, MIHOW focuses on promoting positive parent-child interactions and establishing a safe, stable, nurturing environment.

<p><b>What is the model's approach to providing home visiting services?</b></p>	<p>Home visits take place once per month. Services are provided until the child is 3 years old. MIHOW requires at least 80 percent of families served to initiate services prenatally.</p> <p>MIHOW's target population includes the following:</p> <ul style="list-style-type: none"><li>✓ Expectant mothers</li><li>✓ First-time mothers or first-time parents</li><li>✓ Teenage mothers or teenage parents</li><li>✓ Unmarried mothers or single parents</li><li>✓ Parents/caregivers with limited education</li><li>✓ Low-income families</li><li>✓ Parents/caregivers experiencing physical/social isolation or limited support system</li><li>✓ Families experiencing language barriers</li></ul>
<p><b>Who is implementing the model?</b></p>	<p><b>Home Visitors</b></p> <p>MIHOW was implemented by 26 home visitors in 2019. The model recommends a high school diploma or GED and experience in the community for home visitors. The maximum caseload requirement for home visitors is 40 families.</p> <p><b>Supervisors</b></p> <p>MIHOW was implemented by 7 supervisors in 2019. The model recommends a bachelor's degree for supervisors.</p>
<p><b>Where is the model implemented?</b></p>	 <p>MIHOW operated in 7 local agencies across 4 states in 2019.</p>

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## Families Served Through Home Visiting in 2019



**1,272**

home visits provided



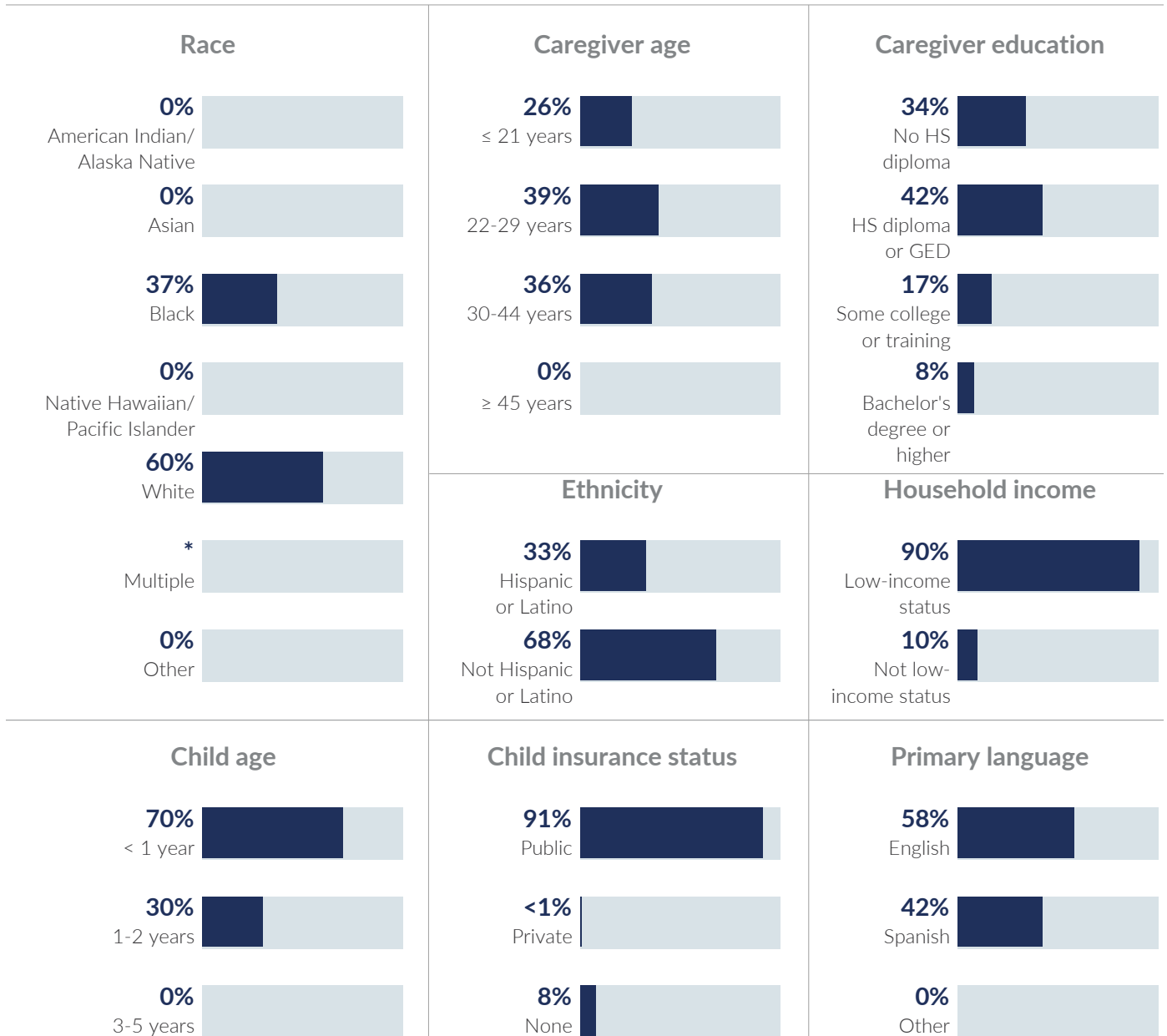
**202**

families served



**106**

children served



Note • Percentages may not add to 100 due to rounding. • To protect confidentiality, race and ethnicity categories with 10 or fewer caregivers were replaced with \*.