




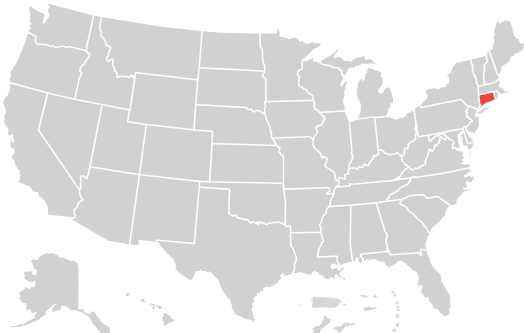


Minding the Baby

[Minding the Baby](#) supports reflective parenting, secure attachment, maternal and child health, mental health, and self-efficacy using an interdisciplinary approach with first-time young mothers and their families. The model pairs a social worker and nurse practitioner to support a family’s development together.

<p>What is the model’s approach to providing home visiting services?</p>	<p>Home visits take place weekly until the child turns 1 year old, then every other week until the child turns 2 years old. The frequency may vary based on a family’s level of need or in times of crisis. Services are provided for 27 months (prenatally until the child is 2 years old). Minding the Baby requires families to initiate services prenatally.</p> <p>Minding the Baby’s target population includes the following:</p> <ul style="list-style-type: none">  Expectant mothers  Low-income families  First-time mothers or first-time parents  Teenage mothers or teenage parents  Families with a history of child abuse or neglect/involvement with child welfare system
<p>Who is implementing the model?</p>	<p>Home Visitors</p> <p>Minding the Baby was implemented by 6 home visitors in 2019. The model recommends a master’s degree for home visitors. The maximum caseload requirement for home visitors is 25 families.</p> <p>Supervisors</p> <p>Minding the Baby was implemented by 6 supervisors in 2019. The model requires a master’s degree for supervisors; a doctoral degree is recommended.</p>
<p>Where is the model implemented?</p>	<div style="display: flex; align-items: center;">  <p>Minding the Baby operated in 3 local agencies across 1 state in 2019. Minding the Baby also operated outside the United States and its territories in Denmark in 2019.</p> </div>

The NHVRC is led by James Bell Associates in partnership with the Urban Institute. Support is provided by the Heising-Simons Foundation and the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the foundations. For details about the methodology, see the *2020 Home Visiting Yearbook*.



Minding the Baby

Families Served Through Evidence-Based Home Visiting in 2019



479

home visits provided



24

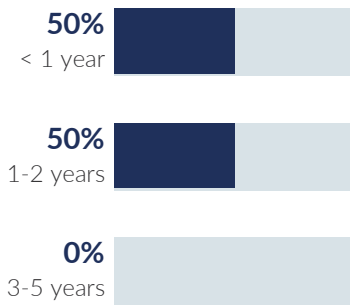
families served



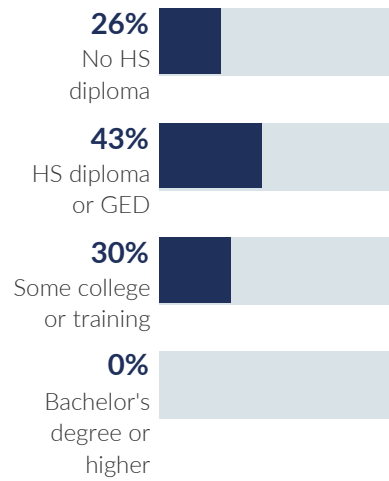
24

children served

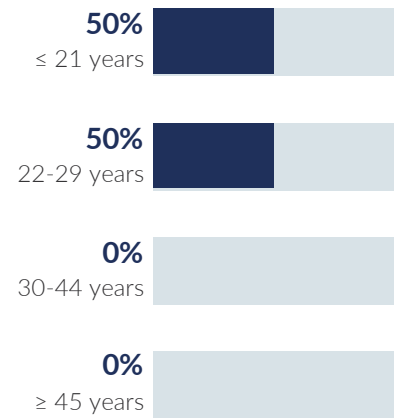
Child age



Caregiver education



Caregiver age



Note • Percentages may not add to 100 due to rounding.