









Health Access Nurturing Development Services

[Health Access Nurturing Development Services](#) (HANDS) is a statewide home visiting program in Kentucky that provides assistance to overburdened parents during the prenatal period until their child is 3 years old. The model's main goals are to promote healthy pregnancies and births, optimal child growth and development, safe homes, and family self-sufficiency.

<p>What is the model's approach to providing home visiting services?</p>	<p>Home visits take place weekly, beginning prenatally, until the child is 6 months old. After the child is 6 months old, visit frequency is determined by the family's level of need. Services are offered until the child is 3 years old. HANDS requires families to initiate services prenatally or before the child is 3 months old.</p> <p>HANDS' target population includes the following:</p> <ul style="list-style-type: none">  Families with low incomes, unstable housing, or who are unemployed  Unmarried mothers or single parents  Parents/caregivers with limited education  Families with a history of substance or tobacco use  Families facing challenges such as marital problems or inadequate social networks  Mothers with late or no prenatal care or history of abortion  Families with mental health issues
<p>Who is implementing the model?</p>	<p>Home Visitors</p> <p>HANDS was implemented by 280.5 full-time equivalent (FTE) home visitors in 2019. Paraprofessional home visitors must have a high school diploma. Professional home visitors must have a bachelor's or associate's degree in a related field or be a registered nurse or social worker. Home visitor caseloads are weighted based on families' needs; home visitors are expected to maintain an average weighted caseload of 38 to 40 families.</p> <p>Supervisors</p> <p>HANDS was implemented by 55.6 FTE supervisors in 2019. The model requires supervisors to be an advanced registered nurse practitioner, registered nurse, or licensed social worker.</p>

<p>Where is the model implemented?</p>	<div style="display: flex; align-items: center;">  <p>HANDS operated in 61 local agencies in 1 state in 2019.</p> </div>
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Families Served Through Evidence-Based Home Visiting in 2019



174,715

home visits provided



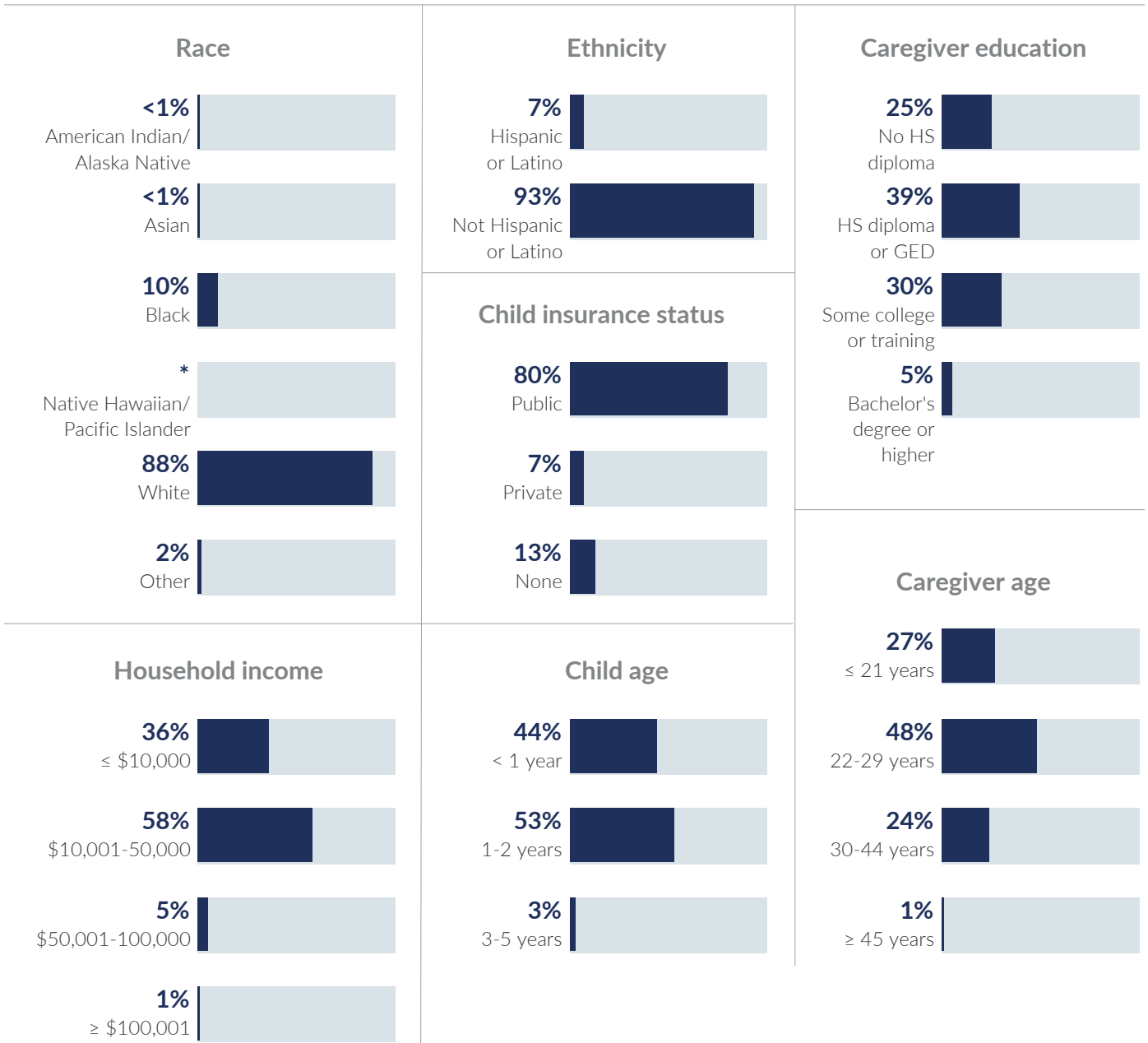
8,731

families served



6,966

children served



Note • Percentages may not add to 100 due to rounding. • To protect confidentiality, race and ethnicity categories with 10 or fewer caregivers were replaced with *.