









Early Head Start Home-Based Option

[Early Head Start Home-Based Option](#) (EHS) provides individualized services to pregnant women, infants, and toddlers to promote the school readiness of young children from low-income families. The model is administered by the Office of Head Start in the U.S. Department of Health and Human Services' Administration for Children and Families. EHS promotes the school readiness of low-income children from birth to 3 years old by enhancing their cognitive, social, and emotional development.

<p>What is the model's approach to providing home visiting services?</p>	<p>Home visits take place weekly. Services are provided until the child is 3 years old. There are no age requirements for when families should begin services.</p> <p>EHS' target population includes the following:</p> <ul style="list-style-type: none">  Low-income families  Teenage mothers or teenage parents  Parents/caregivers with limited education  Children with developmental delays or disabilities  Children with special health care needs  Families with a history of substance abuse or in need of treatment  Families with a history of child abuse or neglect/involvement with child welfare system  Children in foster care
<p>Who is implementing the model?</p>	<p>Home Visitors</p> <p>EHS was implemented by 6,054 home visitors in 2019. The model requires a home-based Child Development Associate (CDA) credential, comparable credential, or equivalent coursework as part of an associate's or bachelor's degree. Home visitors are required to maintain an average caseload of 10 to 12 families.</p> <p>Supervisors</p> <p>EHS was implemented by 1,279 supervisors in 2019. The model requires a bachelor's or other advanced degree with coursework in early childhood education and early education experience for supervisors.</p>
<p>Where is the model implemented?</p>	<div data-bbox="467 1430 987 1759" data-label="Image"> </div> <p>EHS operated in 867 local agencies across 50 states and the District of Columbia, Puerto Rico, and the U.S. Virgin Islands in 2019.</p>

The NHVRC is led by James Bell Associates in partnership with the Urban Institute. Support is provided by the Heising-Simons Foundation and the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the foundations. For details about the methodology, see the *2020 Home Visiting Yearbook*.



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Families Served Through Evidence-Based Home Visiting in 2019



1,118,766

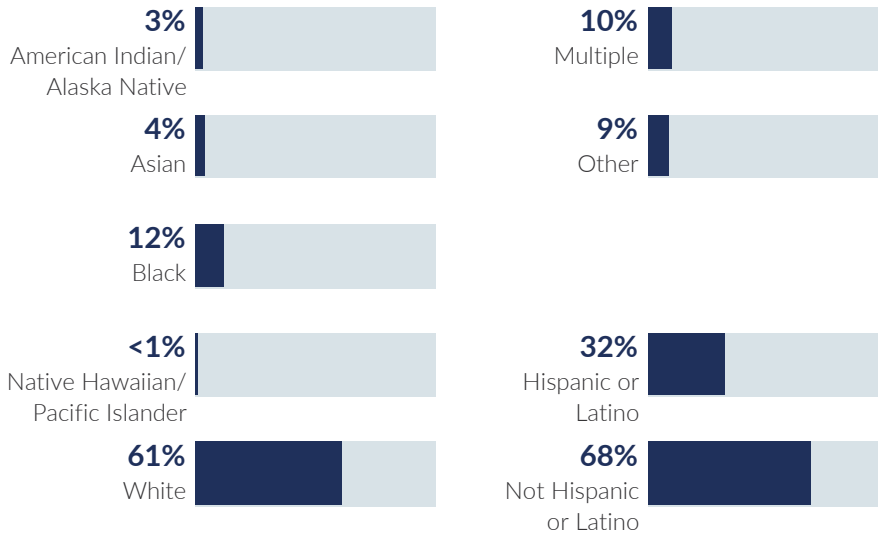
estimated home visits provided



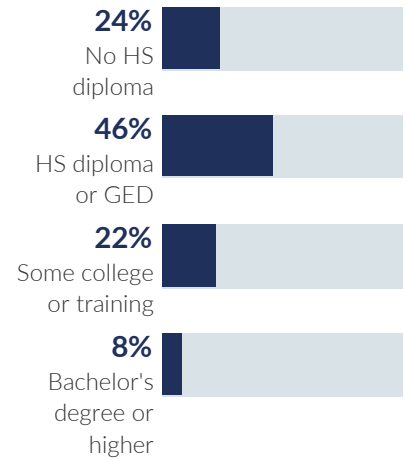
58,176

children served

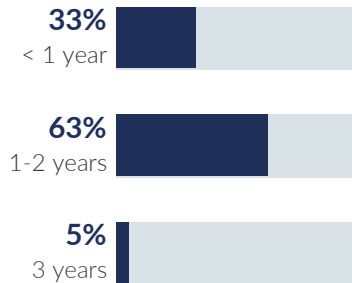
Race and ethnicity



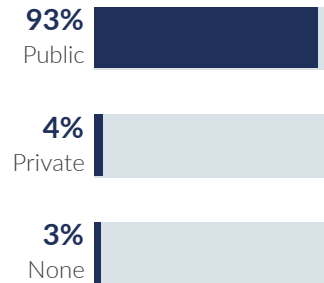
Caregiver education



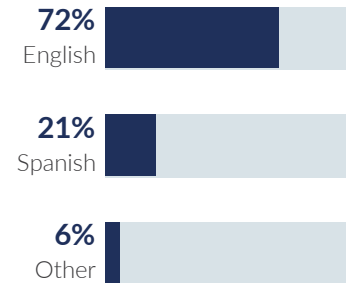
Child age



Child insurance status



Primary language



Note • Percentages may not add to 100 due to rounding. • Data for 24,321 children are described in the demographics.