

Child First

[Child First](#) helps to heal and protect children and families from the effects of trauma and chronic stress by providing a psychotherapeutic intervention that promotes nurturing caregiver-child relationships, enhances adult capacity, and provides care coordination to connect families with services and supports.

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| <p>What is the model's approach to providing home visiting services?</p> | <p>Home visits take place twice per week during a month-long assessment period and a minimum of once per week thereafter. Services are provided for families and their children prenatally through 5 years old for approximately 6 to 12 months, but can extend beyond 12 months depending on a family's need.</p> <p>Child First's target population includes the following:</p> <ul style="list-style-type: none">  Children with emotional or behavioral problems  Caregivers with depression, PTSD, and other mental health problems  Low-income families  Caregivers experiencing domestic violence or trauma  Children experiencing abuse, neglect, or other trauma  Families with a history of substance abuse or in need of treatment  Families who are homeless  Children with developmental delays or disabilities |
| <p>Who is implementing the model?</p> | <p>Home Visitors</p> <p>Child First was implemented by 165 home visitors in 2019. The model requires care coordinators to have a bachelor's degree and mental health clinicians to have a master's degree in a mental health specialty with a license. Home visitors typically maintain a caseload of 12 to 16 families.</p> <p>Supervisors</p> <p>Child First was implemented by 34 supervisors in 2019. The model requires a master's degree in a mental health specialty with a license for supervisors.</p> |
| <p>Where is the model implemented?</p> | <div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>Child First operated in 23 local agencies across 3 states in 2019.</p> </div> </div> |

The NHVRC is led by James Bell Associates in partnership with the Urban Institute. Support is provided by the Heising-Simons Foundation and the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the foundations. For details about the methodology, see the *2020 Home Visiting Yearbook*.



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Families Served Through Evidence-Based Home Visiting in 2019



55,934

home visits provided



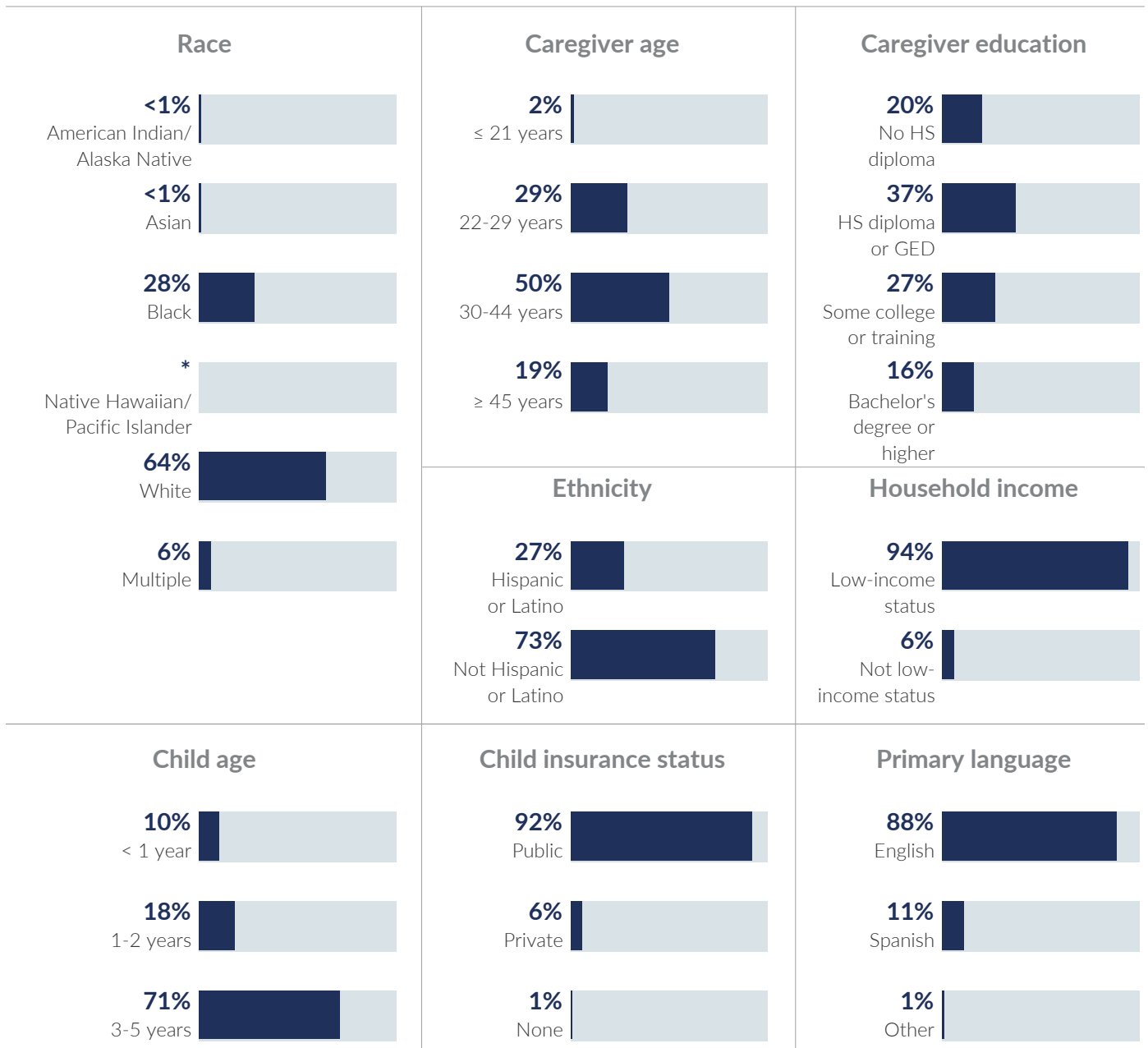
1,937

families served



1,937

children served



Note • Percentages may not add to 100 due to rounding. • To protect confidentiality, race and ethnicity categories with 10 or fewer caregivers were replaced with *. • Less than 1 percent of children were 6 years and older.