Communicating How #HomeVisitingWorks with Social Media

Presenters: Colleen Wilson Allison Meisch Kathy Pillow-Price







Colleen's Social Media Timeline



Complete SM Timeline

Myspace (early 2000s) Livejournal (early 2000s) Facebook - 2005 Twitter – 2009 Reddit - 2010 Foursquare – 2010ish Tumblr – 2011ish LinkedIn – 2011 Google + - 2011 Pinterest – 2011/12ish Instagram - 2013 Meetup - 2013 Vine - 2013ish Yik Yak –2015ish Snapchat - 2016

Medium - 2017 Discord - 2019 NextDoor - 2019 Tik Tok - 2019

Current regular SM use





Pinterest

"FYI if you haven't discovered pinterest.com you should...and be prepared to spend way too much time on it" actual email I sent to a friend



2014 Linkedin Job hunting anyone?





Getting social for business and life!





2007 Facebook

Grad school gives me the coveted ".edu" email address. Plus I got married, so time to share that with the world!

> 2012 LinkedIn No idea what to do with it, but why not join.





2017 Twitter

Introducing the National Home Visiting Resource Center! "I joined Twitter for this"



Timeline of Popular Social Media Platforms



Global Social Media Use

5.1 billion unique mobile users (67% humanity)
4.4 billion internet users (57% humanity)
3.5 billion active social media users (45% humanity)
3.3 billion mobile social media users (42% humanity)





Global Digital Report 2019 - https://wearesocial.com/global-digital-report-2019

Global Social Media Behaviors

 The average internet user spends 2 hours 16 minutes on social media every day

• The average internet user has 8.9 social media accounts

 24% of internet users use social media for work



Global Digital Report 2019 - https://wearesocial.com/global-digital-report-2019



As of Feb. 7, 2019, **72%** of US adults use at least one social media site

Source: Surveys conducted 2005-2019.

PEW RESEARCH CENTER

Chart Data Share Embed

% of U.S. adults who use at least one social media site, by age



90% of US adults, 18-29yo
82% of US adults, 30-49yo
69% of US adults, 50-64yo
40% of US adults, 65+yo

use at least one social media site



Source: Surveys conducted 2005-2019.

PEW RESEARCH CENTER

Facebook, YouTube continue to be the most widely used online platforms among U.S. adults

% of U.S. adults who say they ever use the following online platforms or messaging apps online or on their cellphone



- Some of the platforms that are used by less adults overall, are used more frequently by their users
- For example:
 - Youtube: 73% of adults use it, but only 32% several times a day
 - Instagram: 37% of adults use it, but 42% of them do so several times a day

You should pay attention not only to WHAT platforms your audience use, but also HOW they use them!!!

Roughly three-quarters of Facebook users visit the site on a daily basis

Among U.S. adults who say they use ____, % who use each site ...



Note: Respondents who did not give an answer are not shown. "Less often" category includes users who visit these sites a few times a week, every few weeks or less often. Source: Survey conducted Jan. 8-Feb. 7, 2019.

PEW RESEARCH CENTER

Digital Maturity



Digital maturity

"Digital Maturity is about continually **realigning** your organization and **updating** your strategic plan to account for changes in the technological landscape that affect your business."



Digital Maturity is a process



Why should you (your organization) use social media?

To be "Digitally Mature" an organization needs to understand and articulate why they are investing in social media and how it supports the organization.



With the why in mind, you can then prioritize your social media strategy and take a step towards digital maturity.



Digital Maturity is not one-size-fits-all

Ask not what Twitter can do, but what can Twitter do for your organization!



Who is using it? How can that shape how you use it?

Most people are on Facebook (69%)

Most people (74%) use it at least once a day

More women (75%) than men (63%)



YouTube, Instagram and Snapchat are the most popular online platforms among teens

% of U.S. teens who ...



Note: Figures in first column add to more than 100% because multiple responses were allowed. Question about most-used site was asked only of respondents who use multiple sites; results have been recalculated to include those who use only one site. Respondents who did not give an answer are not shown. Source: Survey conducted March 7-April 10, 2018. "Teens, Social Media & Technology 2018"

PEW RESEARCH CENTER



Profile or page?

Ways to use it Build your followers Share your own new content Interact with your followers Promote/share other content

Facebook is a pathway to news for around four-in-ten U.S. adults

% of U.S. adults who get news on each social media site



Source: Survey conducted July 30-Aug. 12, 2018.

PEW RESEARCH CENTER



What content is best suited to Facebook?





How long should posts be? When to Post?





Number of Characters

facebook.

Maximize your posts by imitating a pro!

- Search for the most successful posts
- Ask what they have in common
 - What do you like about the posts?
 - What caught your eye and made you click?
 - What was the content type (e.g. video, picture)
- Analyze Facebook engagement for like pages
- Adjust your own strategy!



It's World Kindness Day and there's no better time to show kids how their compassionate actions can make a difference in the lives of others! In our b... See More



...



- Founded in 2002 and went live in 2003. Went mobile in 2008 and was purchased by Microsoft in 2016.
- Microsoft purchase price \$26.2
 billion
- 645 million users with 40% visiting daily.
- **146 million** U.S. members, but is found in **200** countries.

- LinkedIn profiles with professional headshots get 14 times more views. Adding a profile photo makes you 36 times more likely to get a message.
- Listing up to 5 or more skills in your profile will get you up to 17 times more profile views.
- Average number of connections per LinkedIn user **400**.
- **300 million** users share content weekly with **100,000** articles being published.



- The most visible portions of your LinkedIn profile are your name, picture, and headline.
 - Step 1: Say WHAT you are.
 - Step 2: Say WHO you help.
 - Step 3: Say HOW you make their life or work better.
 - Step 4: Give PROOF that you are credible.



Kathy Pillow-Price

Leader. Speaker. Trainer. Connector. Consultant. Let's talk!

- LinkedIn is a business networking site for **job seekers** at all levels and all ages.
- To get the best from LinkedIn, use the following strategies:
 - Complete your profile.
 - Contact and connect.
 - Start talking.
 - Give and receive recommendations and endorsements.
 - Use LinkedIn Groups.
 - Produce engaging content.
 - Find new hires and new opportunities.
 - Boost your organization's profile.
 - Observe professional etiquette.
 - Just like Twitter use #hashtags.



- Why? Build community. Find talent.
- LinkedIn is ideally suited for recruiting employees, volunteers, board members, and partners.
- Use it to elevate your program's professional profile and raise awareness about important issues.

- Be engaging
- Be searchable
- Emulate effective messaging
- Craft catchy headlines
- Include images
- Join LinkedIn groups
- Share your mission

What works well?

Regular postings show the program is vibrant and responsive

- Posts provide a call to action and source for more information
- An exciting image expresses a strong sense of mission
- Message is valuable and relevant

Ewitter

Twitter has **251 million** users

66% male 34% female Q



The majority of Twitter users are between 18-34 years old





1980 - 1994

twitter y

Twitter is a 'microblogging' platform that allows you to share text (280 character limit), photos, GIFs, emojis, and short videos

You can interact with other people by

- 'Retweeting' their content
 - Posting it on your personal feed, with or without your own comment
- Replying to their content
 - Twitter is probably the best platform for starting/entering conversations!
- Direct Messages (DMs)
 - Chat feature where you can talk to other twitter users on the app, but privately

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OTwitter Chats

oLists

Twitter Features

OLive Tweets

○GIFs



HARCollaborative @HV_HARC - Sep 17

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Check out the #MovingUpstreamMilwaukee tag to digitally follow along with @PCAAmerica's national conference!

You can also follow along with #HARCmembers @MatthewPoes @lauren_supplee and @jonkorfmacher who will be presenting!

Prevent Child Abuse NC @PCANC - Sep 16 Dr. Melissa Merrick welcomes attendees to @PCAAmerica's 2019 National Conference #MovingUpstreamMilwaukee



HARCollaborative @HV_HARC - 4h The group that authored this study i

The group that authored this study includes @lauren_supplee of @ChildTrends / @HV_HARC , @DMaxCrowley and Taylor Scott of @PRCPennState , and Jeanne Brooks-Gunn of @TeachersCollege which is basically reads like an assembly of The Avengers of #prevention science!

HARCollaborative @HV_HARC · 7h

Psychology matters in evidenced-based policymaking!

A study of psych's presence in federal antipoverty legislation found that bills that directly reference psychology are OVER SIXTY-FIVE PERCENT (65.6%) more likely to be enacted then bills that don't.

doi.org/10.1037/amp000...



PsycARTICLES: Journal Article

The role of psychology in opportunities for strategic

© Request Permissions

Crowley, Max, Supplee, Lauren, Scott,



HARCollaborative @HV_HARC · May 10 In this @SpringerPBH book chapter, Deb Daro & @caramkarter of @Chapin_Hall make the case for universal preventative services

You can watch Deb Daro speak on this topic at this year's @theOunce #HVSummit at the link below! (youtube.com/watch?v=ps4Vvs...)

link.springer.com/chapter/10.100...



Re-Visioning Public Health Approaches for Protecting Children pp 113-126 | Cite as

Universal Services: The Foundation for Effective Prevention

Authors Authors and affiliations

Deborah Dero 🖂 , Cara Karter



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Eileen Condon, PhD, APRN @emc655 · Jul 26 Thank you @HV_HARC for sharing our work! @YaleNursing @Yale @NancySRed #NursesWhoTweet #toxicstress

HARCollaborative @HV_HARC - Jul 26

Authors

How does racial discrimination get "under the skin" to affect health outcomes in children?

New study by #HARCmembers suggests the immune system may be the physiological mechanism that connects vicarious racism to poor health outcomes

@emc655 @NancySRed

doi.org/10.1007/s10995...



Maternal and Child Health Journal

Associations Between Materr Discrimination and Biomark Aged Children

Authors and affiliations

Eileen M. Condon 🖂 , Margaret L. Holland, Arietta Slade, Nanc

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Replying to @NPHW

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A2. Precision home visiting, inspired by

#PrecisionMedicine, is home visiting that differentiates what works, for whom, and in what contexts to achieve specific outcomes

It'll help every family get the services best-suited to them

#NPHWChat #precisionHV



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ion home visiting is home visiting that differentiates	
works, for whom, and in what contexts to achieve	
esearch.org	



Replying to @beELLorg

Here is a twitter thread of some existing #homevisiting research on fathers we posted for Father's Day. One article focuses specifically on #parentengagement and most of the others look at it more indirectly!

HARCollaborative @HV_HARC - Jun 15, 2018 For #FathersDay we're going to share some #homevisiting research about fathers from the past year:

Members

Show this thread

HARC researchers

@HV HARC

Tweets

1



🚯 Give me it...

NHVRC @NationalHVRC - Sep 17

Do you want the latest #homevisiting news delivered to your inbox? Subscribe to NHVRC News for monthly updates on our latest products, what we're reading, and other highlights: bit.ly/2kPMiuu

Subscribe to our mailing list. ©

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3:21 PM - Sep 17, 2019 - Twitter for iPhone

Colleen Wilson @colleenawilson - Jun 17

Reading this study, I could definitely see of all the ways social media could support this work through information sharing and recruitment!

Cc: @KPillowPrice

Donna Hunt O'Brien @DonnaObrien65 · Jun 16

Replying to BHV_HARC

Project fueled by strong partnership @NatiPAT and @uscsocialwork. Feesibility demonstrated, 90% parent satisfaction. Potential to address barriers to scale HV. Virtual service delivery not yet a social norm, erroliment was a challenge. Social media may be part of the solution.

Kay points from Advancing Human Roand Parenting Programs (Beogh the Line of Technolith Technology, Journal of Child and Family Busiles, https://doi.org/18.3007/c30096.039-00458/w

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Along with final billing parent satisfaction was high and 50% of parents reported a chorgi vitation/orgi with their parent educator.

Project of from users finded this is strong participation of Parenty as Nuclean National Contact and BUSC. Splinet of Instat Provide entrong research Parenty instances of second consolate and training and experiment to make representations and institution service delivery.

Telebrahl and your larger being to out and a provide even. Despite the printerial her what all being to all what the barries to become based parenting approximately the residence of the presenting generation, we release these areas and undergo. Such and we read to be included: Evaluating the true impact of advances the RVT model in a transferably public measure to be to measure toge.

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Q 1

Replying to @colleenawitson and @KPIIlowPrice

Enter me! (HARC says in parentheses)



3:40 PM - Jun 17, 2019 - Twitter for Phone





Lauren H Supplee @lauren_supplee - Oct 4

HomVEE started 10 years ago (how time flies!) & one of the gaps in research remains – tho most research used diverse families, there is limited impact evidence on how well models work for different families. SHV_HARC get to work! tinyurl.com/yxez9314 2 2 13 3 15 1



Replying to @lauren_supplee



12:15 PM - Oct 7, 2019 - Twitter for iPhone

Avoiding 'Malicious Actors' on Social Media



- 'Malicious actors' are accounts (human or 'bots') whose intention is to cause a negative reaction and/or chaos
- Research has found these malicious actors have a negative impact on public health
- It can be very difficult to determine if an account is a human or a bot, but there are ways to avoid malicious actors in general!

Avoiding 'Malicious Actors' on Social Media



- Read research on malicious actors to learn the different types and how to identify them
- Remember that even though social media is used to connect with people and have conversations, every interaction is **optional**! You do not <u>have</u> to engage anyone, especially if they are determined to debate, hurt, or deliberately misunderstand you or your organization
 - If your org has a social media strategy, you can make a general plan for how to deal with malicious actors
- Learn about the block/mute/reporting features of each platform and use them!

Jamison, A. M., Broniatowski, D. A., & Quinn, S. C. (2019). Malicious Actors on Twitter: A Guide for Public Health Researchers. *American journal of public health*, *109*(5), 688-692.



National Home Visiting Resource Center June 13 - 🚱

New blog post: Jennifer Wilder from the Connecticut Office of Early Childhood shares key takeaways and lessons learned from 10+ years working closely with dads. #FathersDay



NHVRC.ORG

Q&A: Jennifer Wilder on Engaging Connecticut Fathers in Home Visiting - National Home Visiting Resource Center

2

32 Shares

.....

1 Post Clicks 207 Reactions, Comments & Shares @

New blog post: Jennifer Wilder from the Connecticut Office of Early Childhood shares key takeaways and lessons learned from 10+ years working closely with dads. #FathersDay





National Home Visiting Resource Center November 25 at 5:27 PM · 🚱

A rare, long-term study evaluated the outcomes of Memphis families who participated in Nurse-Family Partnership nearly 20 years ago. See the justpublished findings. #NFPMemphisStudy #twogen



USNEWS.COM

Study: In-Home Nurse Visits Benefit Moms, Children

A program providing in-home help for mothers and infants has had cogniti...



2 Comments 57 Shares



NHVRC @NationalHVRC · Oct 29

How can our yearbook data help states and collaborators frame their #homevisiting landscapes? Join us for a free webinar 11/12 at noon ET to learn more. bit.ly/2Jg7Ov0



17 2

WEBINAR Get to know the 2019 Home Visiting Yearbook

Tuesday, November 12 12 p.m./noon ET

13

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Impressions times people saw this Tweet on Twitter

Total engagements	26
times people interacted with this Tweet	

761

Likes	13
times people liked this Tweet	
Link clicks	6
clicks on a URL or Card in this Tweet	
Media engagements	3
number of clicks on your media counted across videos, vines, gifs, and images	
Retweets	2
times people retweeted this Tweet	
Replies	1
replies to this Tweet	
Profile clicks	1
number of clicks on your name, @handle, or profile	

Allison Meisch @A Meisch · Oct 30

It's #NHVRC Yearbook day! Proud & excited to share the latest data on families served by #homevisiting. Slide on over to our homepage to check out our new web-format and see whats new in your state's #data.

#WednesdayWisdom #HomeVisitingWorks

NHVRC @NationalHVRC · Oct 30

NOW AVAILABLE: The 2019 Home Visiting Yearbook is out! Discover the yearbook's new digital format and get the most thorough picture of early childhood #homevisiting in America. bit.ly/2019-yearbook

Impressions times people saw this Tweet on Twitter

Total engagements

times people interacted with this Tweet

Likes

times people liked this Tweet

Retweets

times people retweeted this Tweet

Profile clicks number of clicks on your name, @handle, or profile photo

Replies

replies to this Tweet



1,164

16

2

NHVRC @NationalHVRC · Jun 13 How can home visiting programs help fathers (and father figures) feel more comfortable engaging with services? We talked to @CT_OEC about lessons learned hiring male home visitors and hosting dad-friendly meetings. #FathersDay bit.ly/2KggahD

NHVRC @NationalHVRC · Jun 21 A recent study suggests that #homevisiting, among other health and social service programs, can engage dads in preventing childhood obesity. More work is needed to reduce barriers to father involvement. #FridayReads bit.lv/31aAxVk

NHVRC @NationalHVRC - Jun 14

What is it like to be a father participating in #homevisiting? A report released by @OPRE_ACF shares key findings from interviews with 40 dads in 5 programs. #FathersDay #FridayReads @urbaninstitute bit.ly/31uYJpC

1,495

......

3.920

1,702



HARCollaborative @HV_HARC · Aug 21 If you want to learn more about #MOST (Multiphase Optimization Strategy) research frame work check out our primer here!

hvresearch.org/precision-home...

(And look in the references for a link to @kguastaferroPhD's fantastic presentation on the topic)

Kate Guastaferro @kguastaferroPhD · Aug 21

In a session talking about the importance of a theory of change & logic model in intervention development & formative evaluations. YES, but! A logic model does not describe the mechanics of the intervention. Consider a conceptual model (and maybe #MOST)! #2019EvaluationSummit



HARCollaborative @HV_HARC · Jul 10

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Hey! HARC has just published an intro to **#precisionHV** in Child Development Perspectives. So easy to read! Open access so tell all your friends! What are you waiting for? **@lauren_supplee @SRCDtweets**

7

Innovative Research Methods to Advance Precision... Home visiting during early childhood can improve a range of outcomes for children and families. As ... & srcd.onlinelibrary.wiley.com

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HARCollaborative @HV_HARC · Sep 23 #precisionHV in action!

One way we determine 'what works best for whom' is through moderation analyses.

In this case, this intervention was much more effective on the "probability of reading to infant at 3 weeks" outcome for mothers with higher educational attainment



Fig. 1. Maternal educational risk moderates the intervention impact on probability of mothers reading to their 3 week old infants.

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HARCollaborative @HV_HARC · Sep 10

Now that this research has identified these geographic clusters where rates of repeat teen pregnancy are higher, how can we provide targeted developmentally appropriate *#homevisiting* interventions there?

Sounds like a job for ... #precisionHV!



HARCollaborative @HV_HARC · Sep 10



Rates of first and repeat teen births aren't the same everywhere. They cluster in deferentially resourced geographic areas.

Counties with higher rates of repeat teen births are ...



HARCollaborative @HV_HARC · Aug 23 Great use of **#precisionHV** by **#HARCmembers!**

To figure out 'what works for whom' this systematic review looks at interventions designed to meet the unique needs of families with substance-exposed newborns.

doi.org/10.1177/107755...

@awest21 @JohnsHopkinsSPH

Systematic Review of Community- and Home-Based Interventions to Support Parenting and Reduce Risk of Child Maltreatment Among Families With Substance-Exposed Newborns

Show less A

Allison L. West¹⁰, Sarah Dauber, Laina Gagilardi, Leeya Correll, Alexandra Cirillo Lilli¹⁰, Jane Daniels

First Published August 13, 2019 Review Article Check for spoaler. https://doi.org/10.1177/1077559519866272



HARCollaborative @HV_HARC · Jun 5 #precisionHV relies on innovative research methods

#HARCmembers conducted simulated studies, based on a #homevisting case study, to choose an adequate imbalance metric for covariateconstrained randomization in multiple-arm cluster-randomized trials

doi.org/10.1186/s13063...

Methodology Open Access Open Peer Review

Choosing an imbalance metric for covariateconstrained randomization in multiple-arm clusterrandomized trials

Jody D. Ciolino 🔤 🔍 , Alicia Diebold, Jessica K. Jensen, Gerald W. Rouleau, Kimberly K. Koloms and Darius Tandon

jba



HARCollaborative @HV_HARC - Apr 3 Replying to @NPHW

A7. HARC is committed to **#SpeakForHealth** by aiming to strengthen & broaden the impact of early childhood home visiting using innovative research to achieve **#precisionHV**.

Effective #homevisiting helps ensure that families get what they need.

#NPHWChat



Join HARC's Practice-Based Research Network | H... If you're interested in joining HARC's practice-based research network, we ask that you fill out a survey ... \mathscr{O} hyresearch.org

James Bell Associates @JBA_News · Sep 17 ~ Another potential example of how **#precisionHV** can help meet the needs of specific families. Read the @HV_HARC intro. to precision home visiting: bit.ly/2kH38oT

B HARCollaborative @HV_HARC · Sep 10

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Women who'd attempted suicide had more depression symptoms, earlier age of 1st depressive episode, and more episodes than their counterparts who had no attempts.

How can we use this information to create #precisionHV interventions for this group?

#WorldSuicidePreventionDay twitter.com/HV_HARC/status...

Boost Your Message Using Popular Home Visiting #Hashtags

- #HVSummit
- #HomeVisiting
- #HomeVisitingWorks
- #MIECHV
- #ParentEngagement
- #PrecisionHV
- #HARCmembers
- #TraumaInformed
- #InvestEarly
- #ChildDevelopment
- ANYTHING trending that you can make work!

#WE #LOVE #HASHTAGS



- @HV_HARC
- @NHVRC
- @ASHTVI
- @First_Focus
- @FirstFiveYears
- @ZEROTOTHREE
- @PCAmerica
- @HeckmanEquation

- @NatlPAT
- @HFAatPCA
- @HIPPYUSA
- @NFP_NurseFamily

Follow

- @ParentChildHome
- @SafeCareModel
- @ChildTrends
- @JBA_News



Follow











closing remarks

Who will share?

- What are your next steps?
- What is something you've learned?
- What is something you are going to do?

Thank You!

Thank you for allowing us to be here today.We hope you feel you have some "new" tools to help you out.





TWEET THIS I attended this **#homevisiting** workshop session on social media and all I got was this lousy tweet!