

# **Home Visiting**

## COACHING

## COMMUNITIES OF PRACTICE Professional Development

## Premise/Definition

Coaching home visitors is an emerging area of research and practice and is defined as individual professional development for home visitors as coachees through engagement in a process of promoting the individual's goal setting through training, support, and guidance. Home visitors as coachees is important to:

- 1. Fidelity to and quality of evidence-based models
- 2. A professional development system and transfer training
- 3. Child, family and home visitor outcomes

### **Themes in the Literature Review**

- Characteristics of coaches
- Dose, or intensity and frequency of coaching
- Documentation of coaching
- Context of coaching
- Processes and content
- Individualized
- Theoretical framework
- - Outcomes

Fidelity

- Coaching in relationship to other PD
- Characteristics of home visitors as coachees

## Conclusions

Our field lacks clear evidence to understand the impact of coaching but there are a variety of themes which interact with coaching and systematic examination is warranted. Many home visiting programs affirm that when an individual receives support, they are motivated to perform their role better (Tomlin, Hines, & Sturm, 2016; Tomlin, Sturm, & Koch, 2009). Coaches may engage the home visitor as coachee in processes and content that may parallel those that the home visitor provides to families; thus, it is plausible that the home visitors' relationships and interactions with families are strengthened. There is a need to empirically examine the primary components of coaching home visitors in order to advance research and practice.

#### **Contextual Factors**

Including the broader context in which coaching takes place)

Characteristics of Coach

## Interaction

Professional Relationshi

Characteristics

of Coachee

(Home Visitor)

#### Logistics

- Number of sessions Length of sessions
- Documentation
- Preparation
- Resources

#### Content

- Relationship building
- Needs and strengths
- Goal setting Action plan
- Formation
- Reflection
- Evaluation

#### **Tools & Techniques**

- Strengths-based
- Active listening
- Effective questioning

Short-term and Long-term Outcomes for Coachee, Organization, Families, and Coach

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**NOTE:** See the Community of Practice - Professional Development Project Brief for more commentary, research, resources and recommendations posted on the National Home Visiting Summit app or the group LinkedIn app.